

The KPBSD Health Curriculum is comprehensive health and embeds both National and State into each Unit of Study in grades K-12.

Center for Disease Control National Standards		Alaska Healthy Life Standards
Standard 1	Students will comprehend concepts related to health promotion and disease prevention to enhance health.	Standard A Student should be able to acquire a core knowledge related to well-being Standard B A student should be able to demonstrate responsibility for the student's well-being.
Standard 3	Students will demonstrate the ability to access valid information, products, and services to enhance health.	
Standard 5	Students will demonstrate the ability to use decision-making skills to enhance health.	
Standard 6	Students will demonstrate the ability to use goal-setting skills to enhance health.	
Standard 7	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	
Standard 4	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	Standard C A student should understand how well-being is affected by relationships with others.
Standard 2	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.	
Standard 8	Students will demonstrate the ability to advocate for personal, family, and community health.	Standard D A student should be able to contribute to the well-being of families and communities

Yellow = KPBSD Priority standards