

HCPC MEETING MINUTES

DATE AND TIME: January 18, 2017, 3:00 PM

LOCATION: Risk Management Building

VOTING MEMBERS:

X	Stephanie Bohrnson	KPESA
X	Joel Burns	KPEA
X	Vaughn Dosko	KPAA
X	Matt Fischer	KPEA
X	Liz Hayes	District
X	John O'Brien	District
X	Bruce Rife	KPEA
X	Tracy Silta	KPESA
AB	Patty Sirois, chair	KPESA
X	Kristen Vix	District
X	Terri Zopf-Schoessler, secretary	KPEA

QUORUM PRESENT: (NINE MEMBERS NEEDED) X YES _____ NO

ADMINISTRATION/CONSULTANTS:

X	Stacey Cockroft	Benefits Manager
X	Dave Jones	Plan Administrator
X	Colleen Savoie	Parker-Smith-Feek Consultant

GUESTS PRESENT:

X	Kristy Clark	Aetna, Wellness Account Executive
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A. CALL TO ORDER BY Matt Fischer TIME 3:30 PM.

1. **Approval of Agenda** X as written, with flexibility _____ with additions
 - a. MOTION: Bruce SECOND: Vaughn VOTE: Unanimous
2. **Approval of Minutes November 29, 2016** X as written _____ with amendments
 - a. MOTION: Tracy SECOND: Liz VOTE: Unanimous

B. REPORTS

1. **Dave Jones, Plan Administrator.** Dave made the following announcements...
 - RETIREMENT/REPLACEMENT: Laurie Olson retired December 31, 2016. Her district appointed replacement is Kristen Vix.
 - CHANGES IN HEALTH PLAN PARTICIPATION: Stacey Cockroft has been busy with 88 employees opting into the HDHP and 28 employees opting out of health plan coverage.
2. **Stacey Cockroft, Benefits Manager.** Stacey made the following announcements...
 - STOP-LOSS REIMBURSEMENT: The district is currently awaiting \$313,179.27 in stop-loss reimbursement.
 - HDHP DEBIT CARDS: Those enrolled in the High Deductible Health Plan have each received HRA in the form of \$375 debit cards. These cards may be used to pay for eligible medical costs not paid by the HDHP (including deductible) and/or may be rolled over year-to-year.
 - TELADOC: Teladoc (online or on the phone medical appointments) becomes available to health plan users February 1, 2017. Employees and covered spouses/dependents are urged to create an account and enter their medical histories (similar to filling out the paper forms

in doctors' waiting rooms) *before* they have a need for Teladoc's services. FYI, Teladoc "visits" are available 24/7, \$40 each, and covered 100% by the health plan.

- NEW REHN/AETNA CARDS: Aetna/Rehn have mailed employees their new health care ID cards. These new identification numbers—and the subsequent routing of claims to Aetna—should be given to all medical, dental, vision practitioners and to pharmacies.

3. Liz Hayes, Director of Finance Liz made the following announcement...

- FINANCE REPORT: Liz provided the most current finance report and indicated that the report will have some headings/information changes since it will also accommodate the new HDHP.

4. Colleen Savoie, Parker-Smith-Feek Consultant Colleen opted to present her reports as needed during the remainder of the meeting.

C. OLD BUSINESS

1. Medically ordered PT/OT visits: (Matt Fischer and Colleen) After some discussion, it was agreed that Colleen will draft language for restrictions on PT/OT visits. She will review the MatSu plan's language to see if it limits the number of visits *before* visits must be prescribed by a medical professional or if all visits must be medically prescribed, and she will present appropriate wording at the next meeting.
2. Health committee communications: (John O'Brien and Liz Hayes) After some discussion, John and Liz agreed to demonstrate how Tableau may be used to better visually communicate financial information and plan changes to employees. Colleen also suggested that an FAQ section be updated and maintained to reflect current PPO/preferred providers, etc. in light of switching to Aetna as the KPBSD's network provider.
3. Soldotna Professional Pharmacy after hours: After contacting Justin Ruffridge at Soldotna Professional Pharmacy, he indicated that the district would be responsible for overtime charges if the pharmacy were to keep a pharmacist on call after hours. At this time, the district is not prepared to shoulder these costs. Colleen offered to see if the time of day is listed on Teladoc visits; if so, the HCPC may be able to track the need for having a pharmacist on call in the future.
4. HDHP: Please see above under Dave's and Stacey's reports.

D. NEW BUSINESS

1. Wellness programs: (Kristy Clark) Kristy offered handouts that detail the differences between minimal, moderate, and comprehensive wellness plans in terms of time, resources, costs, etc. She also presented information regarding wellness regulations, incentives, taxation, legislation, etc. The HCPC is seeking to lower health care costs by researching plans' effectiveness, costs, and legality. In many cases, it is difficult to "prove" cost-savings with clear data since one cannot easily quantify what medical treatments and their costs individuals did *not* use; however, this subject will reoccur as a continuing agenda item.

E. ADJOURN TIME 5:00 PM

- a. MOTION John SECOND Joel VOTE Unanimous

F. NEXT MEETING February 15, 2017, 3-5 PM, Risk Management Building