



Kenai Peninsula Borough School District

POSITIVE COVID-19 TEST

Monitor, Mask and Return Protocol

Effective Tuesday, 1-18-22. Original version took effect Wednesday, 1-12-22.

NEW! Staff and students who test positive for COVID-19 and have not experienced any symptoms of illness, or if symptoms have resolved for 24 hours without medication, may choose an option to end *isolation* and return to work or school on Day 6. Staff and students must follow the KPBSD Monitor, Mask and Return Protocols to return to school or work:

MONITOR

1. **Be symptom free from illness (asymptomatic).** The first day of a positive COVID-19 test or symptom onset is Day 0. If you have never developed symptoms of illness, or if symptoms are resolved for 24 hours without taking medication, on Day 6 you may return to work or school, and strictly follow the KPBSD Monitor, Mask and Return protocol.

MASK and RETURN

2. **Wear a well-fitting mask in school at all times Days 6 through 10.** If any symptoms of illness develop, you must stay home and isolate. When you cannot wear a face covering (i.e., when eating or drinking) you should maintain a minimum of six feet of distance from other individuals to every extent possible.

Athletes: In addition to the above protocols, to continue to participate in school sponsored co-curricular activities, athletes must also continue Daily Symptom Check Protocols.

Do you have symptoms and a positive COVID-19 test?

KPBSD staff and students who have COVID-19 and symptoms that have not resolved by Day 5 should continue to isolate through Day 10, or whenever symptoms are resolved without medication for 24 hours.

DEFINITIONS

- **Isolation** separates someone who is infected with the virus that causes COVID-19 (or presumed to be infected because they have symptoms) away from people who are not infected, including household members.
- **Quarantine** separates people who were exposed to the virus that causes COVID-19 from others, including household members, during the time when they could become sick and infect others.

LINKS

- Free COVID-19 vaccinations are available for everyone age 5 and older. Find a location near you: <https://dhss.alaska.gov/dph/epi/id/pages/covid-19/VaccineAppointments.aspx>
- KPBSD COVID-19 Hub: covid19.kpbsd.org
- [CDC COVID-19 Isolation for K-12 Schools](https://www.cdc.gov/schools/COVID-19/isolation.html)