



Renewable RESOURCES

2009 Alaska Mental Health
Recovery Education Conference

May 11 & 12, 2009 * Sheraton Anchorage

Mental Health is for Everyone!

Conference Speakers

Dr. Yvonne S. Butler is the principal of Brown Mills Elementary School in DeKalb County, Georgia and author of "Healthy Kids. Smart Kids." She is an international nutritional advocate, consultant, and motivational speaker promoting healthy living for life. Dr. Butler is a member of the 2008-2010 Robert Woods Foundation National Advisor Committee for Healthy Kids, Healthy Communities.

Robert Whitaker is an award winning journalist and former Director of Publications at Harvard Medical School. He is the author of *Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill*, which was named by *Discover* magazine as one of the best science books of 2002. Mr. Whitaker is currently writing *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America*. It will be published by Crown in the spring of 2010.



Dr. Yvonne Sanders-Butler

Dr. Catherine Reimer is an author, researcher and Inupiaq psychologist who has trained at universities, health care organizations, schools, and NAMI. She is author of *Counseling the Inupiat* and has worked for national organizations as trainer and curriculum writer. Dr. Reimer integrates spirituality, creativity, and culture in her trainings. She is also a Voice Dialogue trainer.

Michael Zeeb is one of the co-authors of the Recovery Innovations *Peer Employment Training Workbook*. Mr. Zeeb has a BA in Liberal Arts and completed post-graduate coursework in Special Education and Psychiatric Rehabilitation. He has worked as a Special Education teacher and Vocational Rehabilitation Counselor. Mr. Zeeb joined Recovery Innovations of Arizona (then called META Services) in 2002. He started receiving psychiatric services when he was in his teens. For him, employment has been one of the keys to his recovery – especially employment that involves "giving back" to the community.



Michael Zeeb

CEU's Available

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The Alaska Mental Health
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Hosted by:
Alaska Peer Support Consortium

Sponsored by:
Alaska Mental Health Trust Authority Beneficiary Project Initiative