

Wellness Advisory Group
2/8/11

Members Present: Sean Dusek, Naomi Walsworth, Liz Downing, John Pothast, Trevan Walker, Heidi Stokes, Karin Sonnen, Johnathon Kreider, Doris Cannon, Tim Vlasak

Meeting Notes:

1. Reviewed policy 5141.6 and history of advisory group
2. Reviewed last survey measuring implementation of existing policy
3. Focused on three surveys:
 - a. Administration (Principals and Nurses)
 - b. Teachers (separate for elementary and secondary)
 - c. Parents – decided to wait until May for implementation due to timing for curriculum at the at the schools
 - d. Sean will develop the three surveys, put those out for review to the group, and finalize for the schools to implement on March 1.
 - e. Results will be available for the April School Board meeting and next group meeting
4. Curriculum review for health and physical education discussed
 - a. Group got the sense that elementary and high schools are being more successful with the health curriculum
 - b. Group would like more information on middle school implementation – Tim V. will work with the middle schools on providing more information at the next meeting
 - c. Next administrator meeting will have time for review of curriculum implementation at all levels – discussion will be facilitated by directors
 - d. Area of emphasis is the linkage between student nutrition services (lunch/breakfast) and curriculum
 - e. Communication efforts will also be examined – policy is clear that district/schools will provide families information on physical activity and nutrition – needs to be verified and enhanced
5. Advisory group role – look to coordinate efforts, monitor implementation of programs and curriculum, find opportunities to support professional development, and find ways to involve parents/community in overall wellness program
6. Next steps:
 - a. Survey – see above
 - b. Research – in particular best practices of wellness program implementation
 - c. Grants – bring back information on potential funding
 - d. Policy – Sean will provide information on specific policy revisions that will help this group broaden its coordination ability
 - e. Next meeting will be April 5th from 10am to 3pm