

Safe Glove Removal		
To avoid self-contamination, use the following method when removing gloves.		
Step	Procedure	Illustration
Step 1	To remove the first glove, pinch the glove near the top edge.	 <p>Graphic showing a person with latex gloves on both hands pinching one glove near the top edge.</p>
Step 2	Roll the glove off while turning it inside out as it comes off.	 <p>Graphic showing a person rolling the glove off that was being pinched while turning it inside out.</p>
Step 3	To remove the second glove, tuck two fingers inside the glove.	 <p>Graphic showing a person tucking two fingers inside of the second glove.</p>
Step 4	Roll the glove off, being careful not to touch the outside of the glove. Be sure to dispose of gloves properly!	 <p>Graphic showing a person turning the glove inside out as it rolls off.</p>

