

# KENAI PENINSULA BOROUGH SCHOOL DISTRICT

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## SCHOOL BOARD COMMUNICATION

**Title:** Southern Peninsula Obesity Study Results

**Date:** November 28, 2011

**Item Number:**

Worksession

**Administrator:** Steve Atwater, Ph.D.  
Superintendent of Schools



**Attachments:**

Action Needed     For Discussion     Information     Other: \_\_\_\_\_

## BACKGROUND INFORMATION

Each year our schools measure the height and weight of all of our students. Up until now, this data has only been informational. Last spring the MAPP (Mobilizing for Action through Planning and Partnership) of the southern Kenai Peninsula requested that the State of Alaska Department of Health and Social Services (DHSS) use this data to determine the prevalence of overweight/obese students in the Homer Geographical Region. Previously the DHSS has done similar studies in the Anchorage School District and in the Mat Su School District. I agreed to have the study done so that we can be better informed as we strive to create healthy school environments. The study (using the FY10 data) found that 68% of the students had a healthy weight, 17% were overweight and 13% were obese. I will be reviewing the findings of the study at the worksession.

## ADMINISTRATIVE RECOMMENDATION