

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

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SCHOOL BOARD COMMUNICATION

Title: District Obesity Study Results

Date: November 5, 2012

Item Number:

Worksession

Administrator: Steve Atwater, Ph.D. 
Superintendent of Schools

Attachments:

Action Needed For Discussion Information Other: _____

BACKGROUND INFORMATION

Each year our schools measure the height and weight of all of our students. Up until now, this data has only been informational. Last year the State of Alaska Department of Health and Social Services (DHSS) used this data to determine the prevalence of overweight/obese students in the Homer Geographical Region. Previously the DHSS has done similar studies in Anchorage and in the Mat Su. This year they have done the same with all the district data. I agreed to have the study done so that we can be better informed as we strive to create healthy school environments. The study (using the FY12 data) found that 63% of the students had a healthy weight and 35.9 were overweight or obese. Karol Fink, MS RD and Andrea Fenaughty, Ph. D. from DHSS will review the findings of the study at the worksession.

ADMINISTRATIVE RECOMMENDATION

N/A
