

Sixth/Seventh/Eighth Grade Health – 2014 – Year at a Glance

Course Description: This course offers a sequentially developed health curriculum focusing on age appropriate and skills necessary to maintain and improve over-all health well-being.

Overall Goals:

- To develop an understanding of fundamental health concepts and disease prevention
- To promote health and well-being of one’s self and others through appreciation of positive personal and community health values and effective communication skills
- To enhance personal responsibility for reducing risky behaviors through the use of critical thinking skills
- To develop skills to inform use of health related information, products and services
- To build resiliency into the process of growth and development

Quarter 1	Quarter 2	Quarter 3	Quarter 4
<p>MS Level 2 GBS (5) Social and Emotional Health L1. Mental and Emotional Health L2. Social Health L3. Danger Signals</p> <p>MS Level 2 GBS (7) Safety, Injury, and Violence Prevention L1. Teens Making a Difference L2. The Problem of Violence L3. Active Involvement, Emergency Response</p>	<p>MS Level 2 GBS (2) Body Systems L1. From Systems to Cells L2. Heredity and Environment L3. Health Habits and Body Systems</p> <p>MS Level 2 GBS (3) Fitness and Nutrition L1. Dine Healthy L2. Fitness Plan L3. Overcoming Barriers</p>	<p>MS Level 2 GBS (4) The Cycle of Life L1. Changing Bodies, Minds, and Relationships L2. Reproduction, Fertilization, and Birth L3. Healthy Choices, Strong Skills, and Positive Relationships</p> <p>MS Level 2 GBS (9) Consumer, Community and Environmental Health L1. Environment and Health L2. Problems and Solutions: It Isn’t That Easy L3. You, Your Health, and the Future</p> <p>Common Sense Media Trillion Dollar Footprint</p>	<p>MS Level 2 GBS (6) Disease and Illness Prevention L1. Prevention L2. Managing Diseases and Disorders L3. HIV and Other STDs</p> <p>MS Level 2 GBS (8) Substance Abuse and Prevention L1. The Way to be Drug Free L2. Use vs. Abuse L3. Drug and Alcohol Myths</p> <p>Common Sense Media Cyberbullying: Be Upstanding Safe Online Talk My Media The Reality of Digital Drama</p>