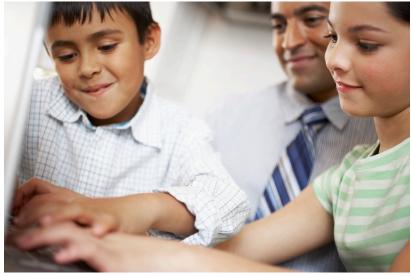
Raise Media Smart Kids

Webkinz. Facebook. Cell Phones. Video Gaming – it's hard to keep up with everything your kids are playing, posting and texting. But you can help them be safe and responsible.





For Internet safety tips and helpful guides to finding the best media for your kids based on their age and what they like, visit www.commonsensemedia.org

5 things parents can do:

1. Set limits.

On time and place, and choose age-appropriate TV, movies, music and games.

2. Make rules.

Cell phones belong outside the classroom and away from the dinner table. If your kids wouldn't say something to someone's face, they shouldn't text it either. And IM? Not during homework.

3. Discuss safety.

Tell them what kind of photos, videos and information are okay to post online.

4. Be a media critic.

Teach your kids not to believe everything they see or hear. Online, in the movies or on TV. Talk to them about media messages, what you agree with and what you don't.

5. Join the fun.

Watch, listen and play with your kids. Ask their opinions and embrace their world!

