

# Kenai Peninsula School District

## Allergen List - By Recipe

Recipe #	Recipe Name	Allergen(s)
990413	CARROT STIX & PEA PODS 1 CUP	
990391	GARLIC CHEESY BREAD W/ DIPPING SAUCE	Milk, Soy, Wheat
990427	MAYO, KET, MUST PCS	Egg, Soy
990519	MCMUFFIN EGG & CHEESE	Egg, Milk, Soy, Wheat
990517	MCMUFFIN SAUSAGE & CHEESE	Milk, Soy, Wheat
990547	APPLE JAMMER STICK	
990403	APPLE SLICES CANNED 1/2	
990316	APPLES,RAW,WITH SKIN 163 CT.	
990162	APPLESAUCE SINGLE SERVE CUP, PLAIN	
990457	BABY CARROTS & CELERY STICKS 1/2 c	
990553	BACON, FULLY COOKED	
990077	BANANA BREAD, SLICE	Egg, Soy, Wheat
990187	BANANAS,RAW	
990500	BAR, BERRY APPLE CRISP	Soy, Wheat
990078	BAR, COCOA CHIP BENEFIT	Egg, Milk, Soy, Wheat
990338	BASE, CHICKEN LOW SODIUM	Soy
990040	BEANS GREEN , LOW SODIUM, CANNED 1/2 CUP	
990035	BEANS, BAKED 1/2 CUP	
990037	BEANS, REFRIED 1/2 CUP	
990109	BEEF CRUMBLES, COOKED USDA	Soy
990359	BEEF HOT DOG SANDWICH	Wheat
990110	BEEF PATTY, COOKED USDA	
990118	BEEF STICKS, BREADED	Soy, Wheat
990123	BEEF, HOT DOG 6"	
990113	BEEF, MEATBALLS	Milk, Wheat
990127	BEEF, PHILLY STEAK STRIPS	Soy
990536	BEEF, TERIYAKI DIPPERS	Soy, Wheat
990541	BENEFIT BANANA CHOC CHUNK	Egg, Milk, Soy, Wheat
990468	BISCUIT STICK	Egg, Milk, Soy, Wheat
990234	BLUEBERRY MUFFIN	Egg, Soy, Wheat
990528	BLUEBERRY, FROZEN	
990596	BOLI, STRAWBERRY WG	Milk, Wheat
990091	BREAD, GF WHITE	Egg
990038	BROCCOLI, FROZEN CUTS 1/2 c	
990271	BROCCOLI, RAW FRESH	
990075	BUN, HAMBURGER	Wheat
990076	BUN, HOT DOG	Wheat
990046	BUNNY GRAHAMS, ANNIE'S	Soy, Wheat
990304	BURGER, BACON CHEESEBURGER	Milk, Soy, Wheat
990301	BURGER, CHICKEN BACON CHEESE	Milk, Soy, Wheat
990252	BURGER, CHICKEN BREADED SECONDARY	Soy, Wheat

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990349	BURGER, CHICKEN ELEMENTARY	Soy, Wheat
990471	BURRITO SW	Milk, Soy, Wheat
990533	BURRITO WG CHEESE& BEAN	Milk, Soy, Wheat
990344	BUTTERMILK 1 % , LOWFAT	Milk
990588	CARROT, GLAZED SLICED 3/4 CUP	
990396	CARROTS & CELERY STICKS 3 OF EA	
990197	CARROTS, BABY FRESH	
990394	CARROTS,STICKS 3EA	
990395	CELERY,STICKS 3 EA	
990097	CEREAL BOWL, COCOA PUFF 25%LS	
990082	CEREAL, CINN. TOAST CRUNCH	Soy, Wheat
990561	CEREAL, HONEY BUNCHES OF OATS BOWL	Wheat
990562	CEREAL, MARSHMALLOW MATEYS BOWL	Wheat
990328	CHEESE SAUCE, CHEDDAR 1.5 OZ	Milk
990329	CHEESE SAUCE, CHEDDAR 2 OZ	Milk
990261	CHEESE SAUCE, CHEDDAR 3 OZ	Milk
990233	CHEESE STICK, MOZZARELLA CN 1 STICK	Milk, Soy, Wheat
990309	CHEESE STICK, MOZZARELLA CN 2 STICKS	Milk, Soy, Wheat
990407	CHEESE STICKS	Egg, Milk, Soy, Wheat
990592	CHEESE, CHEDDAR, .5 oz REDUCED FAT, SHREDDED	Milk
990321	CHEESE, CHEDDAR, YELLOW, REDUCED FAT, SHREDDED	Milk
990085	CHEESE, SLICED CHEDDAR RS/RF	Milk, Soy
990330	CHEESE, SLICED CHEDDAR RS/RF	Milk, Soy
990361	CHEESE, STRING STICK	Milk
990352	CHEESEBURGER	Milk, Soy, Wheat
990523	CHEESY REFRIED BEANS @ 1 CUP	Milk
990521	CHEESY REFRIED BEANS @ 1/2 CUP	Milk
990522	CHEESY REFRIED BEANS @ 3/4 CUP	Milk
990540	CHEX MIX STRAWBERRY	Milk, Soy, Wheat
990254	CHICKEN CORDON BLEU SANDWICH	Milk, Soy, Wheat
990470	CHICKEN DRUMSTICK BREADED	Wheat
990544	CHICKEN ENCHILADA EMPANADA	Milk, Soy, Wheat
990294	CHICKEN FAJITA QUESADILLA	Milk, Wheat
990227	CHICKEN STRIPS, BREADED	Soy, Wheat
990339	CHICKEN, 1/2" DICED MEAT	
990114	CHICKEN, BREADED PATTY ELEM	Soy, Wheat
990115	CHICKEN, BREADED PATTY SEC	Soy, Wheat
990120	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990142	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990143	CHICKEN, CORN PUPS	Egg, Soy, Wheat
990108	CHICKEN, FAJITA STRIPS	
990130	CHICKEN, POPCORN WG	Soy, Wheat
990251	CHICKEN, SWEET N SOUR	Egg, Fish, Soy, Wheat
990311	CHICKEN, SWEET N SOUR W/ RICE SEC	Egg, Fish, Soy, Wheat

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990134	CHICKEN, TERIYAKI	Soy, Wheat
990188	CHICKEN, TERIYAKI GF	Soy
990594	CHILI, BEEF W/BEANS MMA, Legume 1c	Soy
990355	CHILI, BEEF WITH BEANS	Soy
990584	CHILI, CHICKEN FAJITA 1 MMA -.875 VEG	
990591	CHILI, VEGETARIAN 1 C	
990094	CHIPS, YELLOW TORTILLA TRIANGLES	
990406	CINNAMON APPLES, BAKED	
990366	COOKIE, (OTIS SPUNKMEYER)2 EA CHOC CHIP	Egg, Milk, Soy, Wheat
990237	COOKIE, CHOC CHIP (OTIS SPUNKMEYER) 1ea	Egg, Milk, Soy, Wheat
990069	CORN KERNEL 1/2 C	
990481	COUSCOUS, CHICKEN & HERB GARLIC	
990576	COUSCOUS, CHICKEN & HERB GARLIC 3/4 CUP	
990376	CRACKER, CHEDDAR GOLDFISH	Milk, Wheat
990163	CRANBERRIES,DRIED, INDIVIDUAL	
990262	CREAM CHEESE SPREAD/ RANCH	Milk
990511	CUCUMBER ,TOMATO, CARROT SALAD	Soy, Wheat
990224	CUCUMBER AND TOMATO SALAD	Soy, Wheat
990272	CUCUMBER AND TOMATO SALAD	Soy, Wheat
990250	CUCUMBER SAUCE	Egg, Milk, Soy
990226	CUTTIE/ MANDARIN ORANGE	
990489	DIPPING SAUCE	Milk
990209	DIPPING SAUCE	Milk
990585	FAJITA SEASONING /SCRATCH	
990551	FIESTA CORN	
990488	FLATBREAD, CHICKEN FAJITA	Milk, Soy, Wheat
990493	FLATBREAD, GYRO	Milk, Soy, Wheat
990390	FRENCH BREAD, MULTI CHEESE GARLIC	Milk, Soy, Wheat
990532	FRENCH BREAD, MULTI CHEESE GARLIC	Milk, Soy, Wheat
990298	FRENCH DIP	Milk, Soy, Wheat
990050	FRENCH TOAST STICKS	Egg, Milk, Soy, Wheat
990305	FRENCH TOAST STICKS	Egg, Milk, Soy, Wheat
990354	FRENCH TOAST STICKS SECONDARY	Egg, Milk, Soy, Wheat
990558	FRENCH TOAST STICKS SECONDARY (5)	Egg, Milk, Soy, Wheat
990277	FRUIT BAR	
990032	FRUITABLE , GOLD RUSH	
990289	FRUITABLE / TROPICAL TWIST	
990072	GARLIC TOAST	Egg, Milk, Soy, Wheat
990073	GARLIC TOAST -2	Egg, Milk, Soy, Wheat
990186	GRAPES FRESH	
990350	GRAVY, BEEF LS PREPARED	Milk, Soy, Wheat
990198	GRAVY, CHICKEN	Milk, Soy
990451	GRILLED CHEESE	Milk, Soy, Wheat
990478	GRILLED EGG PATTY	Egg, Milk

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990122	HAM, SLICED	
990353	HAMBURGER ON BUN	Wheat
990421	HOAGIE HOT BEEF WITH GRAVY	Milk, Soy, Wheat
990554	HOAGIE ROLL WG OVEN FRESH	Wheat
990322	HOAGIE, BEEF BBQ	Soy, Wheat
990570	HOAGIE, CLUB	Milk, Soy, Wheat
990449	HOAGIE, HAM & TURKEY	Milk, Soy, Wheat
990367	HOAGIE, HOT HAM & CHEESE	Milk, Soy, Wheat
990520	HOAGIE, PHILLY STEAK	Milk, Soy, Wheat
990539	HONEYBUN GLAZED	Egg, Soy, Wheat
990469	HUMMUS (MMA)	
990041	HUMMUS (VEG)	
990029	ITALIAN DRESSING	
990567	ITALIAN DRESSING USDA E-15	
990337	ITALIAN DRY DRESSING MIX PREPARED	Soy, Wheat
990284	ITALIAN DUNKER SAUCE ELEMENTARY	Milk, Soy
990285	ITALIAN DUNKER SAUCE SECONDARY	Milk, Soy
990463	ITALIAN MEAT SAUCE W/BOW TIE PASTA	Egg, Soy, Wheat
990200	JUICE, APPLE	
990239	JUICE, ORANGE	
990550	KETCHUP LOW SODIUM PCS	
990181	KIWI, FRESH	
990430	KK SEASONED FRIES 1 C	Soy
990428	KK SEASONED FRIES 1/2	Soy
990429	KK SEASONED FRIES 3/4	Soy
990431	MAC AND CHEESE CAMPBELL	Egg, Milk, Wheat
990440	MACARONI N CHEESE CN 1 CUP	Egg, Milk, Wheat
990167	MANDARIN ORANGE, CANNED	
990439	MANDARIN ORANGE, SINGLE SERVE	
990332	MANWICH (SECONDARY)	Soy, Wheat
990191	MANWICH ELEMENTARY	Soy, Wheat
990483	MCMUFFIN EGG, SAUSAGE & CHEESE	Egg, Milk, Soy, Wheat
990202	MILK , LF 1/2 GALLON CHOCOLATE POURED	Milk
990204	MILK, CHOC FF CARTON	Milk
990206	MILK, LF 1/2 GALLON WHITE	Milk
990208	MILK, LF 1/2 GALLON WHITE (6 OZ)	Milk
990345	MILK, SOY ULTRA	Soy
990346	MILK,LACTOSE FREE FF	Milk
990205	MILK,LOW FAT WHITE CARTON	Milk
990515	MIXED BERRY CUP, FROZEN	
990179	MIXED FRUIT COCKTAIL	
990590	MIXED FRUIT CUP, S SERVE	
990456	MOZZARELLA CHEESE STICKS	Milk, Wheat
990464	MOZZARELLA CHEESE STICKS Elem	Milk, Wheat

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990265	NACHO MEAT	Soy
990267	NACHO'S ELEM	Milk, Soy
990266	NACHO'S SEC	Milk, Soy
990180	ORANGE	
990563	ORANGE MEDLEY JUICE	
990398	PANCAKE, STRAWBERRY MINI	Egg, Milk, Wheat
990530	PARFAIT, BLUEBERRY	Milk
990527	PARFAIT, TRIPLEBERRY	Milk
990092	PASTA, SPAGHETTI NESTS FRZ PRECOOKED	Wheat
990535	PASTA, SPAGHETTI WG SHORT CUT PRECOOKED	Egg, Wheat
990589	PB & J -JAMMER	Milk, Soy, Wheat
990125	PB&J SANDWICH, GRAPE WG	Peanut, Soy, Wheat
990173	PEACHES DICED EXTRA LIGHT SYRUP	
990595	PEACHES, DICED,CUPS,FROZEN	
990176	PEARS, DICED EXTRA LIGHT SYRUP	
990182	PEARS,RAW	
990331	PEAS & CARROTS,1/2 C	
990274	PEAS,EDIBLE-PODDED,RAW	
990474	PEAS,PODS RAW & CELERY STICKS	
990126	PEPPERONI, SLICED	
990066	PEPPERS AND ONIONS, ROASTED 1/4 c	
990310	PHILLY STEAK CHEESE BREAD	Milk, Soy, Wheat
990437	PICKLES, DILL BANQUET SLICED	
990479	PINEAPPLE DRIED	
990170	PINEAPPLE TIDBITS,NAT JUICE	
990446	PINWHEEL, MEATBALL	Egg, Milk, Soy, Wheat
990487	PIZZA 4 MEAT 1/8 CUT	Milk, Soy, Wheat
990436	PIZZA BURGER	Milk, Soy, Wheat
990128	PIZZA STICK, PEPPERONI WG	Milk, Wheat
990141	PIZZA STICK, PEPPERONI WG	Milk, Wheat
990598	PIZZA, BOLI WG	Milk, Wheat
990190	PIZZA, BREAKFAST TURKEY SAUSAGE	Milk, Soy, Wheat
990112	PIZZA, CHEESE 16"	Milk, Soy, Wheat
990137	PIZZA, CHEESE 4X6 WG	Milk, Soy, Wheat
990526	POPCORN CHICKEN WG COM	Milk, Soy, Wheat
990593	POPCORN CHICKEN,SMACKERS	Milk, Soy, Wheat
990111	PORK, BBQ RIB PATTY	Milk, Soy, Wheat
990133	PORK, SAUSAGE LINKS, COOKED	
990157	POTATO, TATER TOTS	
990565	POTATOES, MASHED INSTANT PREPARED 1 CUP	Milk, Soy
990564	POTATOES, MASHED INSTANT PREPARED 1/2 CUP	Milk, Soy
990566	POTATOES, MASHED INSTANT PREPARED 3/4 CUP	Milk, Soy
990560	QUESADILLA, WG CHICKEN & CHEESE	Egg, Milk, Soy, Wheat
990221	RANCH SALAD DRESSING PREPARED	Egg, Milk, Soy

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990260	RF SWISS CHEESE	Milk
990473	RIBWICH BBQ	Milk, Soy, Wheat
990225	RICE CRISPY TREAT WG	Milk, Soy
990229	RICE, BROWN,	
990051	RICE, FRIED VEG.	Soy, Wheat
990052	RICE, FRIED VEG.	Soy, Wheat
990053	RICE, FRIED VEG.	Soy, Wheat
990419	RICE,WITH PEAS N CARROTS	
990049	ROLL, DINNER WG	Egg, Milk, Soy, Wheat
990335	ROLL, DINNER WHITE WG	Milk, Wheat
990336	ROLL, DINNER WHITE WG @2	Milk, Wheat
990088	ROTINI TRI-COLOR NOODLES	Wheat
990306	SALAD, CHEF	Egg, Milk, Soy
990220	SALAD, ROMAINE TOSSED	
990581	SALAD, SPINACH ROMAINE TOSSED 1 CUP	
990582	SALAD, SPINACH ROMAINE TOSSED 1.5 CUP	
990291	SALAD, SW CHICKEN FAJITA FRESH VEG	Egg, Milk, Soy
990290	SALAD, SW CHICKEN FAJITA GRILLED VEG	Egg, Milk, Soy
990287	SALAD, SW CHICKEN PASTA	Milk, Wheat
990293	SALAD, TACO	Milk, Soy
990282	SALSA RANCH DRESSING	Egg, Milk, Soy
990154	SALSA, GREEN CHILI	
990107	SANDWICH, PB&J STRAWBERRY WG	Peanut, Soy, Wheat
990531	SANDWICH, WG, GRILLED CHEESE	Milk, Soy, Wheat
990373	SANTA FE CHICKEN	Milk
990475	SAUSAGE PATTY	
990408	SLOPPY JOE	Soy, Wheat
990411	SLOPPY JOE SECONDARY	Soy, Wheat
990455	SOFT PRETZEL	Wheat
990466	SPAGHETTI AND MEAT SAUCE	Egg, Soy, Wheat
990448	SPRING BLEND VEGETABLE	
990164	STRAWBERRIES, DICED, CUP, FROZEN	
990480	SUNFLOWER SEEDS HONEY ROASTED	
990597	SWEET & SOUR CHICKEN	
990577	SWEET POTATO FRIES ALEXIA	
990217	SYRUP CUP, SMUCKER'S	
990211	TACO MEAT	Soy
990212	TACO MEAT W/ BLACK BEANS	Soy
990247	TACO SEASONING (SCRATCH) BULK	
990402	TACO SNACK	Milk, Soy, Wheat
990516	TATER TOT CASSEROLE	Milk, Soy, Wheat
990497	TATER TOT SLOPPY JOE	Milk, Soy
990255	TERIYAKI MEATBALLS	Milk, Soy, Wheat
990193	TOMATO GRAPE, FRESH	

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990315	TORTILLA SPINACH HERB 12"	Soy, Wheat
990555	TORTILLA 10" WG FLOUR	Wheat
990314	TORTILLA FLOUR 10"	Soy, Wheat
990569	TURKEY DELI SLICED USDA	
990259	TZATIKI ,GREEK YOGURT SAUCE	Milk
990207	UHT MILK CARTON LF	Milk
990201	VARIETY CEREAL	Soy, Wheat
990240	VARIETY FRUIT	
990583	VARIETY FRUIT NANWALEK/NIKO/PT GRAHAM	
990549	VEGETABLE BAR	
990543	VEGETABLE, MONTEREY BLEND 1 CUP	
990276	VEGETABLE/ SALAD BAR	Egg, Milk, Soy
990573	VEGGIE BOAT	
990579	VINEGARETTE DRESSING	
990268	VINEGARETTE, DRESSING	
990377	WAFFLE, DUTCH	Egg, Milk, Soy, Wheat
990148	WINTER MIX , VEG.	
990507	WRAP, CHICKEN & RANCH	Egg, Milk, Soy, Wheat
990248	WRAP, CHICKEN BACON RANCH	Egg, Milk, Soy, Wheat
990432	WRAP, CHICKEN FAJITA	Egg, Milk, Soy, Wheat
990365	WRAP, CHICKEN SALAD	Egg, Soy, Wheat
990498	WRAP, CLUB	Milk, Soy, Wheat
990278	WRAP, GREEK TURKEY	Milk, Wheat
990368	WRAP, GYRO	Milk, Soy, Wheat
990295	WRAP, HAM N CHEESE	Milk, Wheat
990552	WRAP, ITALIAN	Milk, Wheat
990279	WRAP, TURKEY N HAM	Milk, Wheat
990257	WRAP, VEGGIE	Egg, Milk, Soy, Wheat
990242	YOGURT, NF SINGLE SERVE MIXED FLAVORS	Milk













