

Cooper Landing School Fundraiser!

Yoga/Sound Bath Event
Sunday, November 20th, 3-4:30pm
Cooper Landing Community Center

Please join us for this special event fundraiser for the Cooper Landing School on Sunday, November 20th. Tanisha Walters will begin at 3pm with 30 minutes of mantra and breath work centered yoga accessible to ANYONE to prepare the body for a sound bath meditation with Evie Bear to follow at 3:30pm.

Please bring a mat/blanket/pillow for your comfort.

- ❖ Everyone is encouraged to join for this opportunity to relax, connect and help the school!
- ❖ 100% of the proceeds will be donated to Cooper Landing School.
- ❖ Suggested donation of \$30-35 per person.
- ❖ Our goal is to raise \$500 for the school!

For more information on sound healing with Evie Bear, please visit zenzonealaska.com.

