



Kenai Peninsula Borough School District

COVID-19 Mitigation Plan

The KPBSD COVID-19 Mitigation Plan updated and reviewed September 1, 2022

Mitigation plan changes based on:

- Local hospital capacity for all patients
- Availability of local hospital ventilators
- Number of patients in local hospitals with COVID-19
- The impact and severity of current variants of COVID-19
- Availability of vaccines and boosters for all staff and students
- Availability of treatments for symptoms of COVID-19
- Broad community awareness of non-pharmaceutical measures to prevent the transmission of COVID-19

The KPBSD will continue to:

- Maintain best practices for installation and maintenance of high-quality air filtration systems in all sites
- Maintain best practices for sanitization and disinfection in all KPBSD buildings
- Encourage and support handwashing and proper hygiene utilizing current public health guidance
- Utilize current public health guidance
- Provide referral to testing, testing resources, and limited testing for staff and students at designated testing sites
- Follow Village or Tribal COVID-19 mandates for school facility operations

Guidelines and Reminders

- **KPBSD Symptom Free Schools**
 - Students and staff who are sick or not feeling well, stay home
 - Isolate if one has any symptoms that are not known allergies or pre-existing conditions
 - Call the school to excuse student's absence
 - KPBSD continues to offer Over the Counter (OTC) home antigen tests to staff and students as supplies are available
 - Schools will no longer do in-school contact tracing
- **Positive COVID-19 Test**
 - Isolate at home from the start of symptoms or when a positive test is received (Day 0) for a minimum of 5 days
 - One may return to school or work on Day 6
 - **Do not** return to school or work if one is currently experiencing symptoms or have experienced symptoms during the past 24 hours
- **If a student participates in Extra Curricular Activities and Field Trips**
 - Contact your coach or teacher and school if the student has tested positive to determine return to activity date or field trip participation
 - The KPBSD will follow all ASAA guidelines for state and regional competitions



Kenai Peninsula Borough School District Symptom-Free Schools Protocol

The KPBSD Symptom-Free Schools Protocol updated and reviewed September 1, 2022

The purpose of this protocol is to provide a learning environment that is as free of illness as possible, so students and staff of all health levels can participate in school without fear. By extension, this will also promote the safety, health, and welfare of our communities. This applies to students, staff, parents and guardians, volunteers, and any school visitors.

When to Stay Home from School

Stay home if symptoms include:

- Active vomiting or diarrhea
- Fever, chills, generalized body aches. (Fever threshold will constitute 100.0 degrees Fahrenheit or higher without use of fever-reducing medication like Tylenol or Ibuprofen.)
- Any other symptoms: fever, cough, shortness of breath, chills shaking with chills, muscle pain, runny or congested nose, headache, sore throat, or new loss of taste or smell
 - Parent, guardian, or individual may consider contacting their health care provider or Public Health
- Taking the first 24 hours of antibiotic treatment
- An undiagnosed, new and/or untreated rash or skin condition

When to Return to School After Illness:

- Tested and are diagnosed with COVID-19, one may return to school no sooner than 5 days after the onset of symptoms, or the date the test taken was returned positive, whichever is earlier, and have been symptom free for 24 hours without medication
- May return when fever-free for 24 hours without medication
- May return after taking antibiotics for 24 hours