



Kenai Peninsula Borough School District Symptom-Free Schools Protocol

The KPBSD Symptom-Free Schools Protocol reviewed and updated November 7, 2022

The purpose of this protocol is to provide a learning environment that is as free of illness as possible, so students and staff of all health levels can participate in school without fear. By extension, this will also promote the safety, health, and welfare of our communities. This applies to students, staff, parents and guardians, volunteers, and any school visitors.

When to Stay Home from School

Stay home if symptoms include:

- Active vomiting or diarrhea
- Fever, chills, generalized body aches. (Fever threshold will constitute 100.0 degrees Fahrenheit or higher without use of fever-reducing medication like Tylenol or Ibuprofen.)
- Any other symptoms: fever, cough, shortness of breath, chills shaking with chills, muscle pain, runny or congested nose, headache, sore throat, or new loss of taste or smell
 - Parent, guardian, or individual may consider contacting their health care provider or Public Health
- Taking the first 24 hours of antibiotic treatment
- An undiagnosed, new and/or untreated rash or skin condition

When to Return to School After Illness:

- May return when fever-free for 24 hours without medication
- May return after taking antibiotics for 24 hours
- May return after free from vomiting for 24 hours
- May return after free from Diarrhea(2 or more bouts) for 24 hours
- If tested and are diagnosed with COVID-19, one may return to school no sooner than 5 days after the onset of symptoms, or the date the test taken was returned positive, whichever is earlier, and have been symptom free for 24 hours without medication