



# NEED HELP?

FREE RESOURCES AVAILABLE TO YOU!

[CLICK HERE FOR MORE DETAILS!](#)

PCHS is also offering free tele-counseling to  
all City of Kenai Residents - [click here for  
more details!](#)

Students & families please feel free to  
contact your School Counselor if you ever  
need help.

**KIM DANIELS 9 & 11 - 283-2110**

**JADE MANN 10 & 12 - 283-2111**