

Mountain View Elementary School

"Kenai's Neighborhood School"

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IMPORTANT DATES

Friday, October 15
INSERVICE
NO SCHOOL FOR
STUDENTS

Monday, October 18
Believe Kids Fundraiser
begins

Wednesday, October 20
PICTURE RETAKES



Thursday & Friday
October 28 & 29
PARENT-TEACHER
CONFERENCES
NO SCHOOL FOR STUDENTS
More information coming soon!

Monday, November 1
Fundraiser orders due

Thursday, November 11
VETERAN'S DAY
NO SCHOOL FOR STUDENTS



The Other Half of the Equation

In our last newsletter, we explained how we are assessing our students' **academic needs**, and with the continuing COVID-19 challenges, designing our classroom and intervention programs to meet those needs.

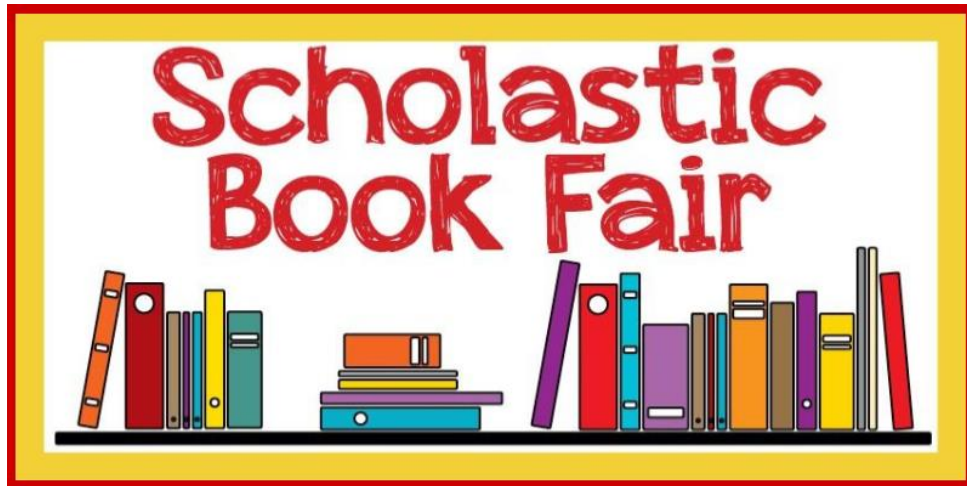
Social-Emotional Well Being

Our school culture has always focused on helping students develop the social and emotional capacities to function at their peak, in order to take full advantage of the educational opportunities our staff provides. With the additional stressors of COVID-19 coming at our students from all aspects of their life, this focus is as critical as ever. Now that we have completed our beginning of the year Positive Responses to Conflict lessons, we are moving on to teaching **the MindUp Curriculum**.

The beginning lessons in the MindUp Curriculum focus on helping students understand the parts of the brain and deepen their understanding of their own mental processes. Students are fascinated by the fact that their brain is made up of different parts with different functions. Other early lessons help students understand more about the processes of feeling, thinking, and learning. The combination of these two groups of lessons **helps students to be aware of, and regulate their behavior**, calm themselves in the face of anxiety, focus their attention, and take control of their learning.

Later MindUp lessons are dedicated **to helping students develop a positive mindset** and include lessons on perspective taking, choosing optimism, and appreciating happy experiences. The final lessons **focus on gratitude and kindness**.

These efforts to positively solve conflicts and tend to the social and emotional wellbeing of our students and staff are indeed the "other half of the equation" that makes Mountain View a great place to learn.

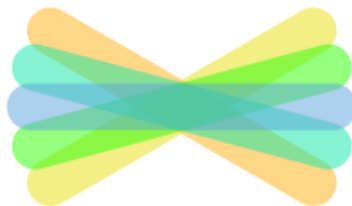


Watch for more information coming next week!

Get Connected

Seesaw is Mountain View Elementary's communication platform. Seesaw is used for whole-school and classroom communication. Downloading the Seesaw Parent & Family app from the Apple or Google Play store, and ensuring you are connected to your child, will enable you to have current Mountain View information at your fingertips.

Please contact your child's teacher or the office for assistance in getting started with Seesaw. You can also reach out to Hannah Dolphin at hdolphin@kpbsd.org for assistance.



SEESAW