



SOLDOTNA SENTINEL

SOLDOTNA ELEMENTARY SCHOOL

KENAI PENINSULA BOROUGH SCHOOL DISTRICT



October 2022

PARENT TEACHER CONFERENCES

October 26th and 27th

No School on Conference Days

Teachers will schedule individual meetings.
Please look for more information to come home with your students.

Picture DAY



**Thursday
October 5th**

Student Notes



- Student notes and bus passes are sent to classes at **2:50 pm**, therefore calls need to be received before then to ensure delivery.
- If student is to be picked up by someone other than the parent or guardian, please ensure they are on your pick up list. Please ask them present their ID to the attending staff member in the pick up line.

RED RIBBON SPIRIT WEEK



OCT. 24th

Medieval Monday (no weapons)

OCT. 25th



Tie Dye Tuesday!

Wear your favorite Tye-Dye

Oct. 25th



Wild West Wednesday (No Weapons)

Wear your favorite wild west gear, clothing or hats

Thursday, Oct. 12th

School Lets out @ 1:55 and busses will run 90 minutes earlier at the end of the day. There is no afternoon pre/k

NO SCHOOL

Friday, Oct. 13th

End of the 1st Quarter
Teacher In-service

SITE COUNCIL MEETING

**October 17th, 3:45 PM
Teacher's Lounge**

ALL ARE WELCOME!

Site Council assists SoEI Administration and Staff in site based decision making and provides planning and input for conducting and pursuing improvements in facilities and education at SoEI.

SCHOOL VISITORS & VOLUNTEERS



- Complete an online application.
- Visit www.kpbsd.k12.ak.us
Click Volunteer link & follow instructions
- Please pre-arrange volunteer hours & visits with classroom teachers or office staff.
- Please check-in at the front office.
- Wear a visitor or volunteer badge at all times.
- Have fun! Thanks for



Many Hands Make LIGHT Work

The Parent Pack
is Soldotna Elementary's Parent/
Teacher Organization.

They are looking for new general members, and new chair people!

No experience is necessary.

Contact Leslie Blanning @

lblanning@gci.net to get involved.



**Halloween Celebrations
will occur on October 31st.**

Please refer to your classroom teacher for any details related to classroom activities.

Buy Your Yearbook Now!



2023/2024 Yearbooks For Sale!

Preorder your yearbook before October 31st and save 5%! Books are \$21.00 and include 2 customizable personal pages.

Already in Treering? Just use your login from last year.

New to Treering? Visit www.treering.com/validate. Create an account and use the passcode 1014841738124288.



Get extra credit for our school when you download the new Box Tops Bonus App on your phone, go to: <https://>



Weather Reminder...

Students go out to recess every day rain, shine or snow. Please make sure that your child is properly dressed for the weather. Also make sure to mark your child's gear with their name and remind them not to leave it on the playground.



PTO Meeting

November 13th @ 3:45 in the school library. We hope to see you there!



Counselor's Corner

Greetings,

We are working on learning about the Zones of Regulation. From this lesson, students are learning how to identify which zone their emotions are in. Each zone consists of four colors: blue, green, yellow and red. When we are in the blue zone, we may be feeling: sad, sick, tired, bored or we may be moving slowly. When we are in the green zone, we may be feeling: calm, happy, focused and ready to learn. When we are in the yellow zone, we may be feeling: anxious, silly, frustrated, excited, scared or worried. When we are in the red zone, we may be feeling: angry, yelling, mean, out of control or we may need time and space.

Students are learning to be emotion detectives so that they can identify why they are in a particular zone. As an outcome of this lesson, the goal is to equip students with coping strategies to reset and regulate their emotions for learning. I have included links that help explain Zones of Regulation as well as provide learning materials that can be used at home. Should you have any questions, please feel free to contact me.

Zones of Regulations Links:

<https://zonesofregulation.com/>

<https://www.weareteachers.com/zones-of-regulation-activities/>

<https://hes-extraordinary.com/zones-of-regulation-activities>

Take care,

Nivia Martin
School Counselor
Soldotna Elementary
Redoubt Elementary
(907) 260-5141
nmartin@kpbsd.k12.ak.us

