

Hello Soldotna Montessori Families,

Below and attached to this email are information about an opportunity for your 3rd-6th grade students from our school. There is a 3km (1.86 miles) running race for Central Pen. Schools and their students in grades 3, 4, 5, and 6. This is a wonderful opportunity to join kids from other schools in our district who love to run or compete. It is also an incredible chance to work on your fitness for our upcoming ½ mile run (3rd graders) or mile run (4-6th graders) that we do in PE class in Sept. Attached are the permission forms to do the race, a race map (Race will be held at Tsalteshi Trails which are located next to Skyview Middle School), and details about the race. I hope you will consider attending this fun event with your child. If you have any questions feel free to contact me (Mrs. Boonstra) at my office number of 907-260-5190 (if you miss me please leave a message and I'll call you back) or at my school email kboonstra@kpbsd.k12.ak.us or you can contact Colby Way who's number is at the bottom of this email and is the PE teacher at Nikiski North Star and is helping put on this fun running event.

Thanks,

Kelli Boonstra (Soldotna Montessori PE Teacher)

Calling all CenPen Elementary Runners!

The Nikiski North Star Elementary Athletics Program is hosting a Cross Country Running Invitational (flyer attached). The race is open to students in 3rd, 4th, 5th, and 6th grade from Central Peninsula Schools. 6th grade runners are eligible if the sixth grade classes are housed in the elementary school. If students are interested in attending the race they will need permission from parents/ guardians. Attached is the paperwork we require for our cross country program. You are free to use the attached forms, or if your site requires further information please include. Runners will need to bring their completed registration packets with them to the race, there will be a registration table where runners will check in.

At NNS we began a cross country running program 3 years ago and it has grown each year. This year we hope to extend this program across the central peninsula. Thank you for your help in this effort. Hope to see your students on the trails.

The race 9-16-23:

- 3K approximately, following the WOLF PATH of the TSALTESHI TRAILS (map attached)
- Trail will be marked with spotters along the course
- Registration between 10:00am and 10:45am
- Runners will have a warm up start, girls and boys (10:50am)
- Runners will have a staggered start, girls and boys (11:00am, 11:05am)
- No times are kept, promoting the enjoyment and rules of the sport
- Wear school colors if possible
- 1,2,3 overall will be tallied for the girls and boys races, as well as, by school.
- Restrooms are not close to the trails, please prepare accordingly
- Bring: all registration forms, appropriate running attire, snacks, water/ drinks

Colby Way
Nikiski North Star PE
907-776-2610

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