

## KPBSD Dance Curriculum – Present/Perform Kindergarten – 2<sup>nd</sup> Grade

|              | <b>Kindergarten</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>First Grade</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>Second Grade</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| <b>BODY</b>  | <ul style="list-style-type: none"> <li>• Demonstrate developmental movement patterns such as core/distal, body/side, upper/lower, cross lateral, and head/tail.</li> <li>• Demonstrate body awareness by naming and using different body parts in movement.</li> <li>• Demonstrate a variety of shapes including curved, straight, angular, twisted, wide, and narrow.</li> <li>• Learn the difference between movement and stillness (i.e. “Freeze” or “stop” with control).</li> <li>• Perform nonlocomotor/axial movements (e.g., bend, twist, stretch, and swing).</li> <li>• Perform eight basic locomotor movements (i.e., walk, run, hop, jump, gallop, slide, and skip traveling forward and backward).</li> <li>• Demonstrate the partner skills of copying, leading, and following.</li> </ul> | <ul style="list-style-type: none"> <li>• Demonstrate developmental movement patterns such as core/ distal, body/ side, upper/ lower, cross lateral, and head/ tail.</li> <li>• Demonstrate body awareness by naming and using different body parts in movement.</li> <li>• Demonstrate a variety of shapes including curved, straight/ angular, twisted, wide, narrow, symmetrical, and asymmetrical.</li> <li>• Learn the difference between movement and stillness. (i.e. “freeze” or “stop” with control).</li> <li>• Perform nonlocomotor/axial movements (e.g., bend, twist, stretch, and swing).</li> <li>• Perform eight basic locomotor movements (i.e., walk, run, hop, jump, gallop, slide, and skip traveling forward and backward).</li> <li>• Demonstrate the partner skills of copying, leading, following, and mirroring.</li> </ul> | <ul style="list-style-type: none"> <li>• Demonstrate developmental movement patterns such as core/ distal, body/ side, upper/ lower, cross lateral, and head/ tail.</li> <li>• Demonstrate body awareness by using different body parts in unison. (e.g., swinging arms while skipping).</li> <li>• Create a variety of shapes including curved, straight/ angular, twisted, wide, narrow, symmetrical, asymmetrical, while integrating another dance concept such as locomotor movement or levels.</li> <li>• Combine a variety of shapes with locomotor and nonlocomotor movements</li> <li>• Demonstrate basic folk dance steps such as step hop, stamp, touch, and elbow swing.</li> <li>• Demonstrate the partner skills of copying, leading, following, and mirroring.</li> </ul> |
| <b>SPACE</b> | <ul style="list-style-type: none"> <li>• Define and maintain personal and general spaces.</li> <li>• Demonstrate a variety of movements at low, middle, and high levels.</li> <li>• Identify and demonstrate big and small movements and shapes.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>• Define and maintain personal and general spaces.</li> <li>• Demonstrate a variety of movements at low, middle, and high levels.</li> <li>• Demonstrate a variety of movements while moving in directions such as forward, backward, and side.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <ul style="list-style-type: none"> <li>• Demonstrate a variety of movements at low, middle, and high levels.</li> <li>• Demonstrate a variety of movements while moving in directions such as forward, backward, and side.</li> <li>• Move using a variety of pathways such as straight, curved, and zig zag.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| <b>FORCE</b> | <ul style="list-style-type: none"> <li>Use light and heavy force appropriately (e.g., light movement as in twirling snowflakes, heavy movements in dinosaurs).</li> </ul>                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>Use light and heavy force appropriately (e.g., light movement as in twirling snowflakes, heavy movement in dinosaurs).</li> </ul>                                                                                                                                                                                                                                                                     | <ul style="list-style-type: none"> <li>Use light and heavy force appropriately (e.g., light movement as in twirling snowflakes, heavy movement in dinosaurs).</li> <li>Demonstrate sudden (sharp) and sustained (smooth) while moving.</li> </ul>                                                                   |
| <b>TIME</b>  | <ul style="list-style-type: none"> <li>Demonstrate the difference between fast and slow using a variety of movements.</li> <li>Demonstrate simple movements to a steady beat (e.g., 4/4 time).</li> </ul>                                                                                                                                                       | <ul style="list-style-type: none"> <li>Demonstrate the difference between fast, medium, and slow using a variety of movements.</li> </ul>                                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"> <li>Demonstrate the difference between fast, medium, and slow using a variety of movements.</li> <li>Create and follow movement patterns to a given beat/ rhythm.</li> </ul>                                                                                                     |
| <b>FORM</b>  | <ul style="list-style-type: none"> <li>Move alone and with others (e.g., solo versus partner dancing).</li> <li>Demonstrate the difference between planned and spontaneous movement.</li> <li>Create simple movement sequences (e.g., walk in circle, wiggle, and hop in place).</li> <li>Make group formations such as circle, line, and scattered.</li> </ul> | <ul style="list-style-type: none"> <li>Move alone and with others.</li> <li>Demonstrate the difference between planned and spontaneous movement.</li> <li>Create simple movement patterns such as ABA (e.g., jump, roll, jump).</li> <li>Demonstrate and identify a beginning, middle, and end in dance.</li> <li>Make group formations such as circle (moving in and out), line, and scattered (individually and with partners).</li> </ul> | <ul style="list-style-type: none"> <li>Demonstrate solutions to a given movement problem.</li> <li>Create movement sequences based on own ideas.</li> <li>Create simple movement patterns such as ABA (e.g., jump, roll, jump).</li> <li>Demonstrate and identify a beginning, middle, and end in dance.</li> </ul> |