

1% White and
Nonfat Chocolate
Milk offered Daily

SEPTEMBER 2022

KPBSD MIDDLE/HIGH SCHOOL MENU

This institution is an
equal opportunity
provider.

Due to Product Availability menu items are subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

**First two Entrée choices are offered to Middle School.
Daily offering of Fruit and Vegetable Bar for Middle & High
School.**

**LABOR DAY
NO SCHOOL**

Big Daddy Pizza
Chicken Corn Pups
Ham & Cheese Hoagie

Steamed Broccoli

Teriyaki Beef Nuggets
Tangerine Chicken
Club Hoagie
Fried Rice
Baby Carrots w/Ranch Dip

Pizza Boli
Cheeseburger
Italian Wrap

Green Beans

Popcorn Chicken
w/Whole Grain Roll
BBQ Pork Rib Sandwich
Club Hoagie

Glazed Carrots

Breaded Cheese Sticks
w/Marinara Dipping Sauce
Chicken Cordon Bleu
Italian Wrap

Glazed Carrots

BBQ Pork Rib Sandwich
French Toast w/Sausage
Veggie Wrap

Tater Tots
Chocolate Chip Cookie

Breaded Beef Sticks
Breaded Chicken Strips
Whole Grain Roll
Ham & Turkey Croissant

Mashed Potatoes & Gravy

Tangerine Chicken
Teriyaki Beef Nuggets
Ham & Cheese Hoagie

Fried Rice
Fresh Broccoli w/Ranch Dip

Enchilada Empanada
Chicken Fajita Quesadilla
Greek Turkey Wrap

Cheesy Refried Beans

Popcorn Chicken
French Dip
Breaded Mozzarella Sticks
w/Marinara Dipping Sauce
Herb Chicken Couscous
Spinach Romaine Side Salad

Chicken Fajita Quesadilla
Enchilada Empanada
Chicken Bacon Ranch Wrap

Cheesy Refried Beans

Nacho's w/Salsa
Big Daddy Pizza
SW Chicken Pasta Salad

Cheesy Refried Beans

Sloppy Joe's
Big Daddy Pizza
Chicken Salad Wrap

Green Beans

Breaded Chicken Strips
Breaded Beef Sticks
Whole Wheat Roll
Taco Salad
Mashed Potatoes & Gravy
Green Beans

Spaghetti
w/Whole Grain Roll
Taco Snack
SW Pasta Salad

Winter Mix Vegetables

Breaded Cheese Sticks
Cheesy Garlic French Bread
Both w/Marinara Dipping Sauce
Chef Salad w/Roll
Romaine Side Salad
Chocolate Chip Cookie

Breaded Beef Sticks
w/Whole Grain Roll
Cheeseburger

Breaded Chicken Burger
Taco Snack
w/Salsa

Baked Beans

Cheeseburger
Pizza Boli

Crinkle Cut Fries

Chicken Bacon Ranch Burger
Big Daddy Pizza

Baked Beans

Chicken Corn Pups
Big Daddy Pizza

Crinkle Cut Fries
Gold Rush Vegetable Drink

2022/2023 SY. MEAL PRICES FOR LUNCH
Student approved for Reduced Meals: Lunch \$.40
Full Pay Students Meal: K-6th grades \$3.50
Full Pay Students Meal: 7th - 12th grades \$4.00

Go to <http://mealapp.kpbsd.org> to apply for Free/Reduced meal benefits, or for more information please contact your local school or Student Nutrition office at 907-714-8890