

1 % White and Nonfat Chocolate Milk offered Daily.

FEBRUARY 2023

NANWALEK LUNCH MENU

This institution is an equal opportunity provider.

Monday



6
Hot Dog
Crinkle Cut Fries
Chilled Peaches
Mixed Berry Cup
Cookie or Animal Cracker
Vegetable Tray (MD/HS)

13
Grilled Cheese Sandwich
Green Beans
Strawberry Cup
Chilled Pears
Vegetable Tray (MD/HS)

20
Corn Pups
Crinkle Cut Fries
Chilled Peaches
Mixed Berry Cup
Vegetable Tray (MD/HS)

27
Grilled Cheese Sandwich
Green Beans
Strawberry Cup
Chilled Pears
Vegetable Tray (MD/HS)

Tuesday

7
Chicken Sandwich
Baked Beans
Chilled Pears
Orange Wedges
Vegetable Tray (MD/HS)

14
Pizza
Steamed Broccoli
Goldrush Juice Box
Mandarin Orange Cup
Vegetable Tray (MD/HS)

21
Chicken Sandwich
Baked Beans
Chilled Pears
Fresh Apple
Vegetable Tray (MD/HS)

28
Pizza
Steamed Broccoli
Mandarin Orange Cup
Mixed Fruit Cup
Goldrush Juice Box (MD/HS)

Wednesday

1
Enchilada Empanada with Salsa
Cheesy Refried Beans
Corn
Mixed Berry Cup
Assorted Fruit (MD/HS)

8
Tangerine Chicken
Fried Rice
Carrots with Ranch
Goldrush Juice Box
Mandarin Orange Cup

15
Taco Snack with Salsa
Cheesy Refried Beans
Corn
Mixed Berry Cup
Assorted Fruit (MD/HS)

22
Tangerine Chicken
Fried Rice
Carrots with Ranch
Goldrush Juice Box
Mandarin Orange Cup
Assorted Fruit (MD/HS)

Thursday

2
Popcorn Chicken with Roll
Mashed Potatoes & Gravy
Winter Mix Vegetables
Fresh Apple
Assorted Fruit (MD/HS)

9
Breaded Cheese Sticks with Marinara Sauce
Fresh Broccoli and Ranch
Strawberry Cup
Apple Juice/Apple Sauce
Vegetable Tray (MD/HS)

16
Popcorn Chicken with Roll
Mashed Potatoes & Gravy
Winter Mix Vegetables
Fresh Apple
Assorted Fruit (MD/HS)

23
Breaded Cheese Sticks with Marinara Sauce
Fresh Broccoli and Ranch
Apple Sauce Cup
Fruit or Vegetable Tray (MD/HS)

Friday

3
Cheeseburger
Sweet Potato Fries
Carrots and Ranch
Orange Juice
Assorted Fruit (MD/HS)

10
Macaroni Cheese with Roll (MD/HS)
Green Beans
Celery Sticks
Fresh Apple
Variety Fruit (MD/HS)

17
NO SCHOOL

24
Macaroni Cheese with Roll (MD/HS)
Green Beans
Celery Sticks
Fresh Apple
Variety Fruit (MD/HS)



2022/2023 SY. MEAL PRICES FOR LUNCH
Student approved for Reduced Meals: Lunch \$.40
Full Pay Students Meal: K-6th grades \$3.50
Full Pay Students Meal: 7th – 12th grades \$4.00

Due to Product Availability menu items are subject to change.

Go to <http://mealapp.kpbsd.org> to apply for Free/Reduced meal benefits, or for more information please contact your local school or Student Nutrition office at 907-714-8890