

1 % White and Nonfat Chocolate Milk offered Daily

# JANUARY 2023

## KPBSD SMALL SCHOOLS MENU

### NANWALEK

This institution is an equal opportunity provider.

Monday

HAPPY NEW YEAR

2

Tuesday

Pizza  
Steamed Broccoli  
Goldrush Juice Box  
Mandarin Orange Cup  
Apple Juice

3

Wednesday

Taco Snack w/Salsa  
Cheesy Refried Beans  
Corn  
Mixed Berry Cup  
Apple Juice (MD/HS)

4

Thursday

Popcorn Chicken with Whole Wheat Roll  
Mashed Potatoes & Gravy  
Winter Mix Vegetables  
Chilled Peaches  
Applesauce Cup (MD/HS)

5

Friday

NO SCHOOL VACATION

6

NO SCHOOL VACATION

9

NO SCHOOL VACATION

10

NO SCHOOL VACATION

11

NO SCHOOL VACATION

12

NO SCHOOL VACATION

13

NO SCHOOL VACATION

16

NO SCHOOL VACATION

17

NO SCHOOL VACATION

18

NO SCHOOL VACATION

19

NO SCHOOL VACATION

20

Hot Dog  
Crinkle Cut Fries  
Diced Peaches  
Mixed Berry Cup  
Vegetable Tray (MD/HS)

23

Chicken Sandwich w/Lettuce & Tomato  
Baked Beans  
Chilled Pears  
Orange Wedges  
Vegetable Tray (MD/HS)

24

Tangerine Chicken  
Fried Rice  
Goldrush Juice Box  
Celery Sticks  
Mandarin Orange Cup  
Variety Fruit (MD/HS)

25

Breaded Cheese Sticks With Marinara Sauce  
Winter Mix Vegetables  
Peach Cups  
Apple Juice (MD/HS)

26

Macaroni Cheese  
Whole Wheat Roll (MD/HS)  
Fresh Broccoli with Ranch  
Mango Fruit Cup  
Fresh Apple  
Vegetable Tray (MD/HS)

27

Grilled Cheese Sandwich  
Green Beans  
Strawberry Cup  
Chilled Pears  
Vegetable Tray (MD/HS)

30

Pizza  
Steamed Broccoli  
Mandarin Orange Cup  
Apple Juice  
Vegetable Tray (MD/HS)

31

### 2022/2023 SY. MEAL PRICES FOR LUNCH

Student approved for Reduced Meals: Lunch \$4.40

Full Pay Students Meal: K-6<sup>th</sup> grades \$3.50

Full Pay Students Meal: 7<sup>th</sup> – 12<sup>th</sup> grades \$4.00

Due to Product Availability menu items are subject to change.

Go to <http://mealapp.kpbsd.org> to apply for Free/Reduced meal benefits, or for more information please contact your local school or Student Nutrition office at 907-714-8890