

1% White and Nonfat
Chocolate Milk
offered Daily

NOVEMBER 2022

KPBSD CHAPMAN/NINILCHIK SCHOOLS

This institution is an
equal opportunity
provider.

Due to Product Availability menu items are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY
THANKSGIVING

Pizza **7**
Steamed Broccoli
Strawberry Cup
Apple
Vegetable Tray (MDL/HS)

Tangerine Chicken **1**
Fried Rice
Green Beans
Chilled Peaches
Fruit/Vegetable Tray (MD/HS)

French Toast N Sausage **2**
Tater Tots
Baked Apples Slices
Apple Juice
Vegetable Tray (MD/HS)

Sloppy Joe **3**
Romaine Spinach Salad
Mixed Berry Cup
Banana
Vegetable Tray (MD/HS)

Breaded Chicken Burger **4**
Baby Carrots w/Ranch Dip
Crinkle Cut Fries
Mango Fruit Cup
Fruit Tray (MD/HS)

Corn Pups **8**
Green Beans
Mixed Berry Cup
Chilled Pears
Vegetable Tray (MDL/HS)

Enchilada Empanada **9**
Cheesy Refried Beans
Corn
Mandarin Orange Cup
Fresh Fruit Tray (MD/HS)

Breaded Chicken Strips **10**
Biscuit Stick
Sweet Potato Fries
Goldrush Juice Box
Banana
Fresh Fruit Tray (MD/HS)

Cheeseburger **11**
offer Lettuce and Tomato
Tater Tots
Snow Peas with Ranch
Orange Juice
Fresh Fruit Tray (MD/HS)

Teriyaki Nuggets **14**
Fried Rice
Fresh Baby Carrots with Ranch
Mango Fruit Cup
Fresh Fruit Tray (MD/HS)

BBQ Pork Rib Sandwich **15**
Baked Beans
Sweet Potato Fries
Applesauce Cup
Fresh Fruit Tray (MD/HS)

Popcorn Chicken **16**
Herb Chicken Couscous
Seasoned Green Beans
Fresh Orange Wedges
Fresh Fruit Tray (MD/HS)

Spaghetti w/Meat Sauce **17**
w/Biscuit Stick (High School)
Romaine Salad
Strawberry Cup
Apple Juice
Vegetable Tray (MDL/HS)

Hot Dog **18**
Crinkle Cut Fries
Diced Peaches
Mixed Berry Cup
Chocolate Chip Cookie
Vegetable Tray (MDL/HS)

Pizza Boli **21**
Steamed Broccoli
Chilled Pears
Apple Juice
Vegetable Tray (MDL/HS)

Breaded Beef Sticks **22**
Whole Wheat Roll
Mashed Potatoes & Gravy
Goldrush Juice Box
Apple
Fruit Tray (MD/HS)

Taco Snack with Salsa **23**
Cheesy Refried Beans
Chilled Peaches
Mango Fruit Cup
Vegetable Tray (MDL/HS)

HAPPY
THANKSGIVING **24**

NO
SCHOOL **25**

Grilled Cheese Sandwich **28**
Baked Beans
Corn
Strawberry Cup
Assorted Fruit Variety

Tangerine Chicken **29**
Fried Rice
Green Beans
Chilled Peaches
Assorted Fruit Variety

French Toast N Sausage **30**
Tater Tots
Baked Apples Slices
Apple Juice
Animal Crackers (MDL/HS)
Vegetable Tray (MDL/HS)



2022/2023 SY. MEAL PRICES FOR LUNCH
Students approved for Reduced Meal: Lunch \$.40
Full Pay Students Meal: K-6th grades \$3.50
Full Pay Students Meal: 7th -12th grades \$4.00

Go to <http://mealapp.kpbsd.org> to apply for Free/Reduced meal benefits, or for more information please contact your local school or Student Nutrition office at 907-714-8890