



August 2023





Chapman & Ninilchik

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday Thursday

Friday

E BACK TO TO SCHOOL

Pizza Steamed Broccoli Mixed Berry Cup Chilled Pears

Vegetable Tray (Mdl/HS)

Enchilada Empanada

Cheesy Refried Beans Corn Mandarin Orange Cup

Fresh Fruit Tray (Mdl/HS)

Beef Sticks w/Roll Mashed Potatoes & Gravy Gold Rush Drink

Fresh Fruit Tray (Mdl/HS)

Banana

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Cheeseburger Tater Tots Snow Peas w/Ranch Apple

Fresh Fruit Tray (Mdl/HS)

Breaded Chicken Strips w/Biscuit Stick Crinkle Cut Fries Mango Cup Orange Juice

Vegetable Tray (Mdl/HS)

BBO Pork Rib Sandwich Baked Beans Gold Rush Drink Applesauce Cup

Fresh Fruit Tray (Mdl/HS)

Grilled Cheese Sandwich Romaine Salad Chilled Pineapple Mixed Fruit Cup

Vegetable Tray (Mdl/HS)

Sloppy Joes Sweet Potato Fries Apple Juice Mixed Berry Cup

Vegetable Tray (Mdl/HS)

Hot Dog

Snow Peas & Celery w/Ranch Chilled Peaches Little Cuties Cookie

Vegetable Tray (Mdl/HS)

Pizza Boli

Carrots & Ranch Tater Tots Applesauce Cup

> Fresh Fruit Tray (Md1/HS)

Teriyaki Nuggets Couscous Green Beans Mixed Berry Cup

Fresh Fruit & Vegetable Tray (Mdl/HS)

Taco Snack w/Cinnamon Bears (HS) Cheesy Refried Beans Baked Apple Slices Mango Cup

Spaghetti w/Mini Garlic Toast Steamed Broccoli Strawberry Cup Banana

1% White & Nonfat Chocolate Milk offered daily



2023/2024 SY Meal Prices for Lunch Student approved for Reduced Meal: \$0.40 Full Pay Student Meal K-6th Grade: \$3.50 Full Pay Student Meal 7th-12th Grade: \$4.00

Due to product availability menu items are subject to change



Go to http://mealapp.kpbsd.org to apply for Free/Reduced meal benefits, or for more information please contact your local school or Student Nutrition Office at 907-714-8963