



EMPOWERING ALL STUDENTS!

KENAI PENINSULA BOROUGH SCHOOL DISTRICT

Kachemak Bay Rotary: October 17, 2019



John O'Brien
Kenai Peninsula Borough
School District
Superintendent of Schools

#AKlearns

Penny Vadla,
KPBSD Board of
Education President

Mike Illg, Board of
Education Member

Zen Kelly, Board of
Education Member

KPBSD
Board of
Education
State & federal
priorities



KENAI PENINSULA BOROUGH SCHOOL DISTRICT STRATEGIC PLAN 2017 - 2022

OUR MISSION

Empower all learners to positively shape their futures.

OUR VISION

KPBSD will inspire all learners to pursue their dreams in a rigorous, relevant and responsive environment.

GUIDING PRINCIPLES

Every KPBSD student will graduate prepared for their future.

A strong, positive relationship with all students is the foundation of a quality education in KPBSD.

A KPBSD diploma guarantees a student is ready for life, college, and career.



READY

- ♦ **Life:** KPBSD students will demonstrate life readiness skills by possessing resiliency, grit, and perseverance to achieve their goals with a growth mindset that empowers them to approach their future with confidence.
- ♦ **College:** KPBSD students will demonstrate college readiness by meeting rigorous academic indicators and, or post-secondary assessment scores.
- ♦ **Career:** KPBSD students will demonstrate career readiness by identifying a career interest and meeting employability or experiential benchmarks.

#Ready

#Rigor

#Relevance

#Responsive

RIGOR *All Students will achieve high levels of academic growth*

- ◆ Students will learn in a performance-based instructional model.
- ◆ Student growth and success will be determined through multiple measures of learning.
- ◆ Students will have “accessible anywhere” curriculum without dependencies on particular technologies.

RELEVANCE *Experience a personalized learning system*

- ◆ Students will learn in a flexible instructional model that is fluid and developmentally appropriate for all.
- ◆ Students will experience varied instructional strategies that target individual strengths and interests of each learner.
- ◆ Students will develop a personalized learner profile as demonstrated in their portfolio.
- ◆ Students will be given opportunities to develop healthy lifestyles and make healthy choices.
- ◆ Students will be provided instructional opportunities in partnership with parents and community that extend growth, exploration and learning beyond the classroom.

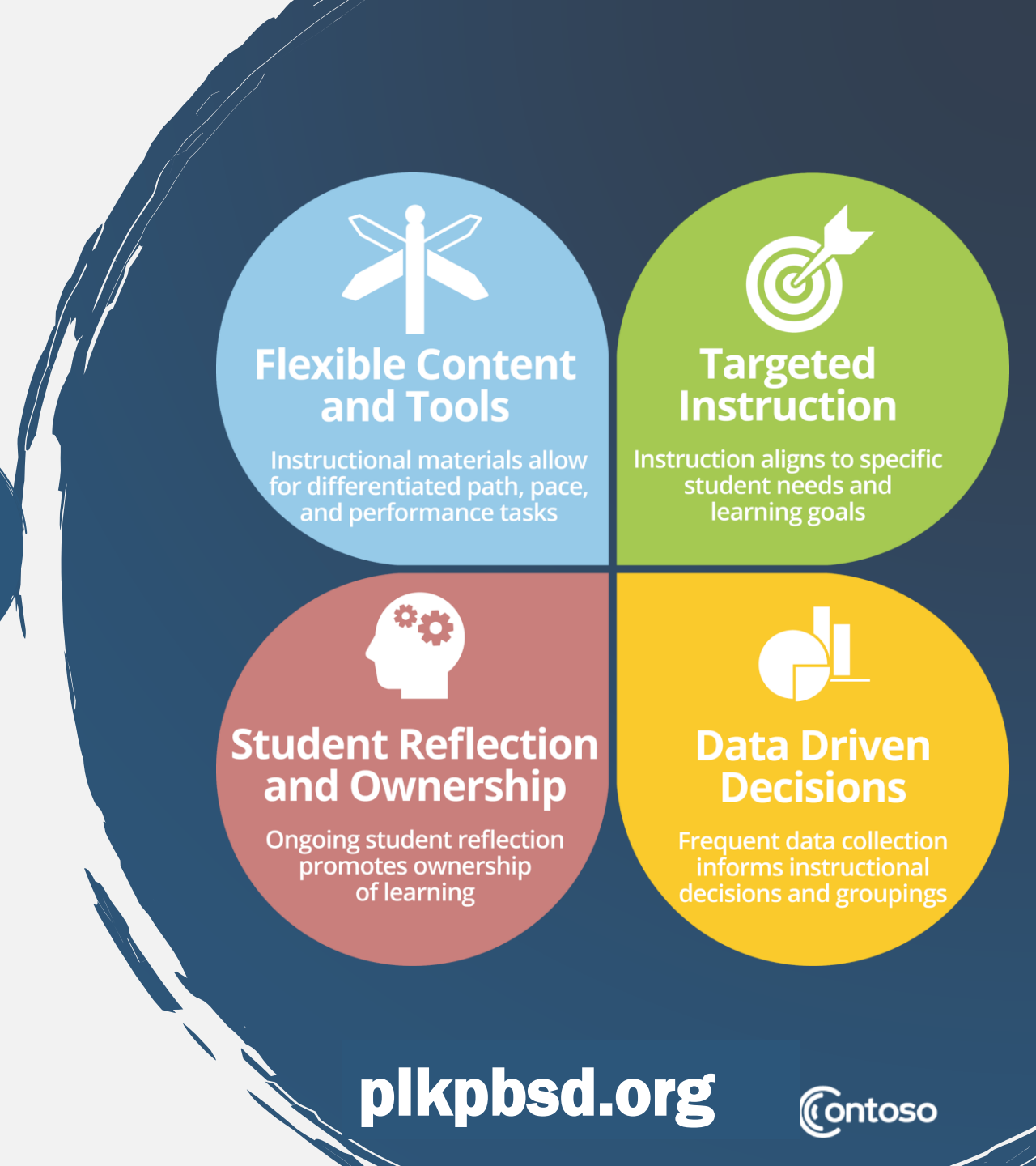
RESPONSIVE *Be immersed in a high quality instructional environment*

- ◆ Prioritize strong, positive relationships with all students to support their social and emotional needs.
- ◆ Teachers will utilize a repertoire of high-yield instructional strategies that are research-based, high quality instructional strategies, within the instructional environment.
- ◆ Develop a culture of continuous innovation within all schools across the district.
- ◆ Professional learning is embedded and ongoing, resulting in continuous growth and innovation.
- ◆ Develop a highly reliable and efficient organization through online and concurrent collaboration tools.

plkpbsd.org



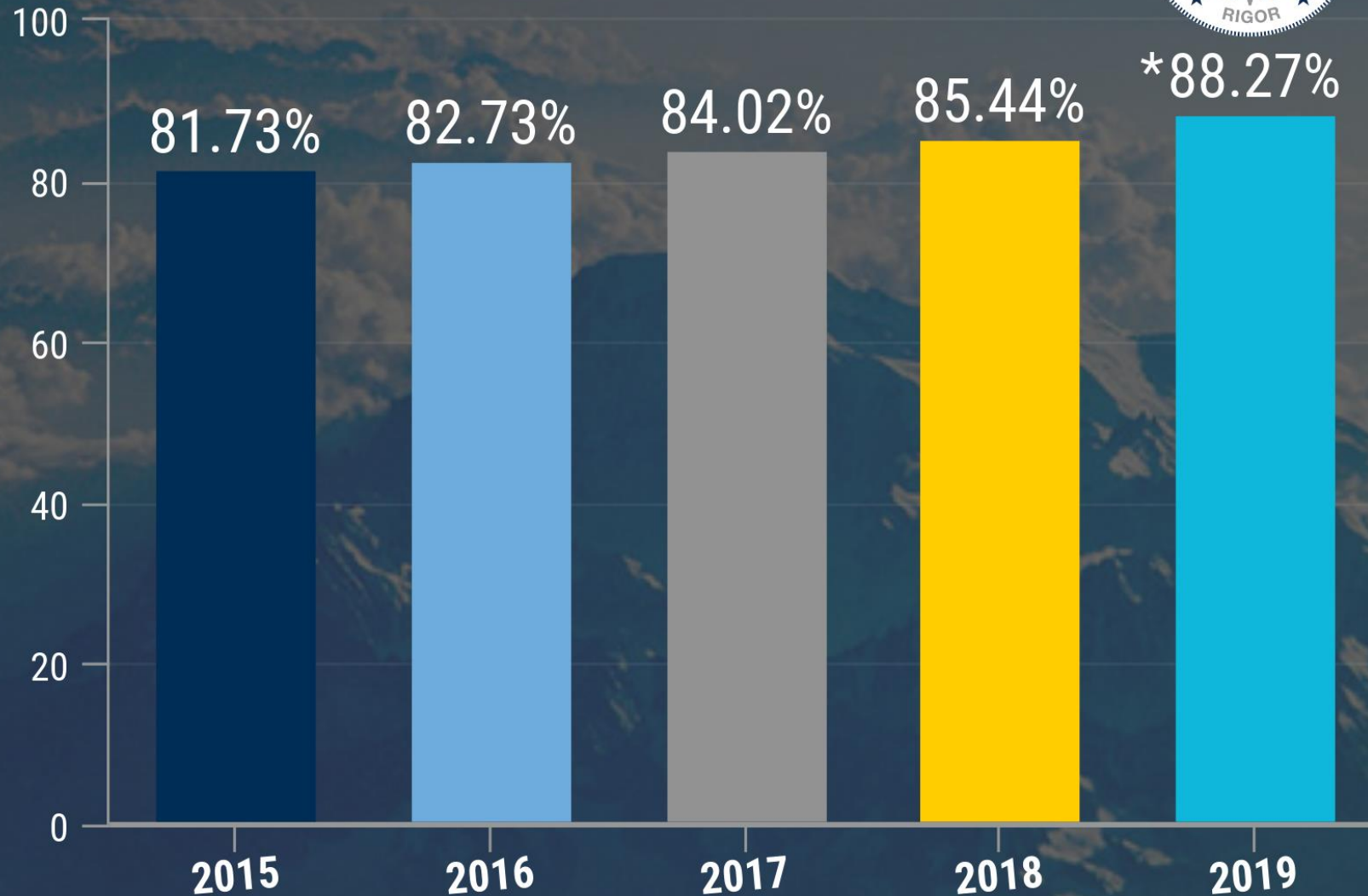
**“Where do you want your learning
to take you and how can KPBSD
help you get there?”**



plkpbsd.org

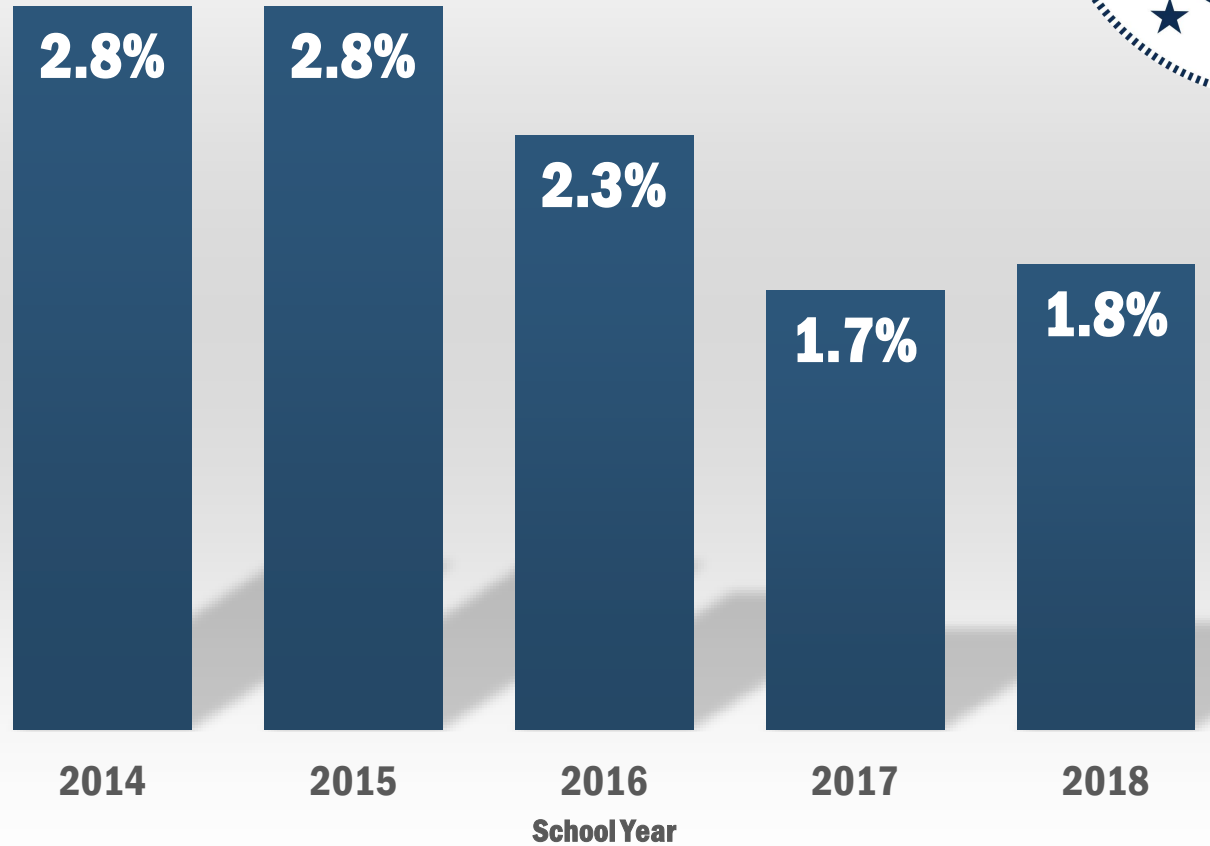


KPBSD Graduation Rate

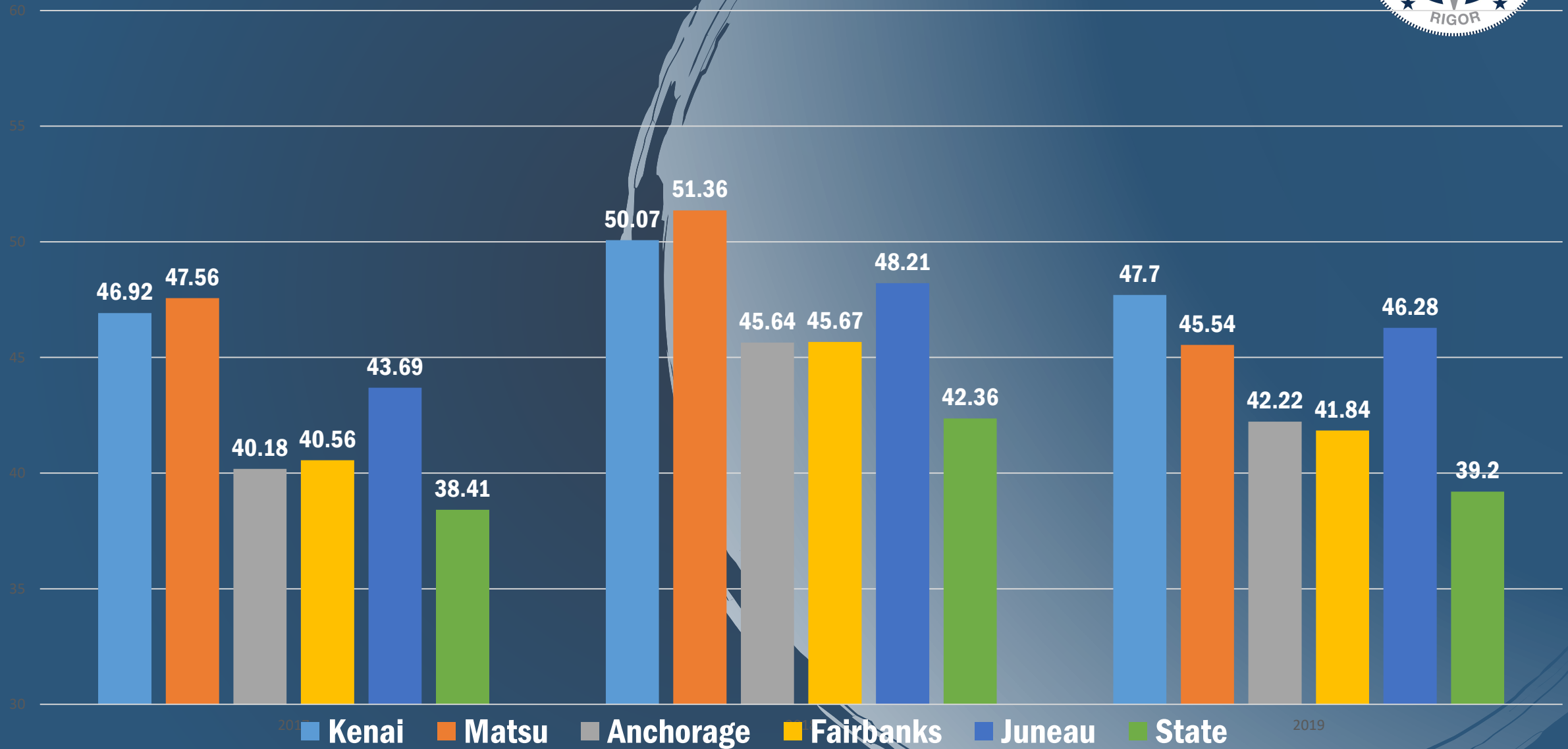




KPBSD Drop Out Rates 2014- 2018

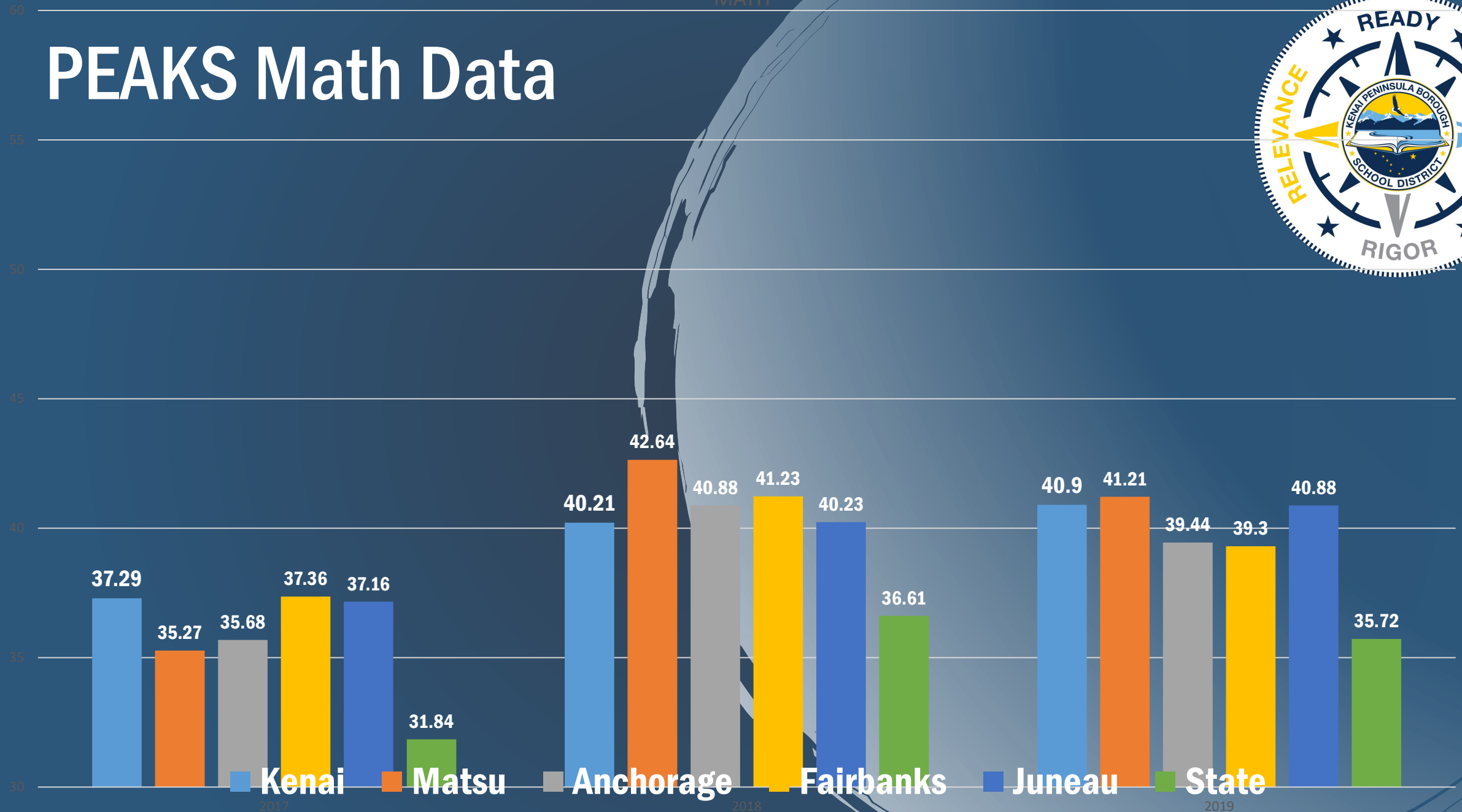


PEAKS English-Language Arts Data



PEAKS Math Data

MATH

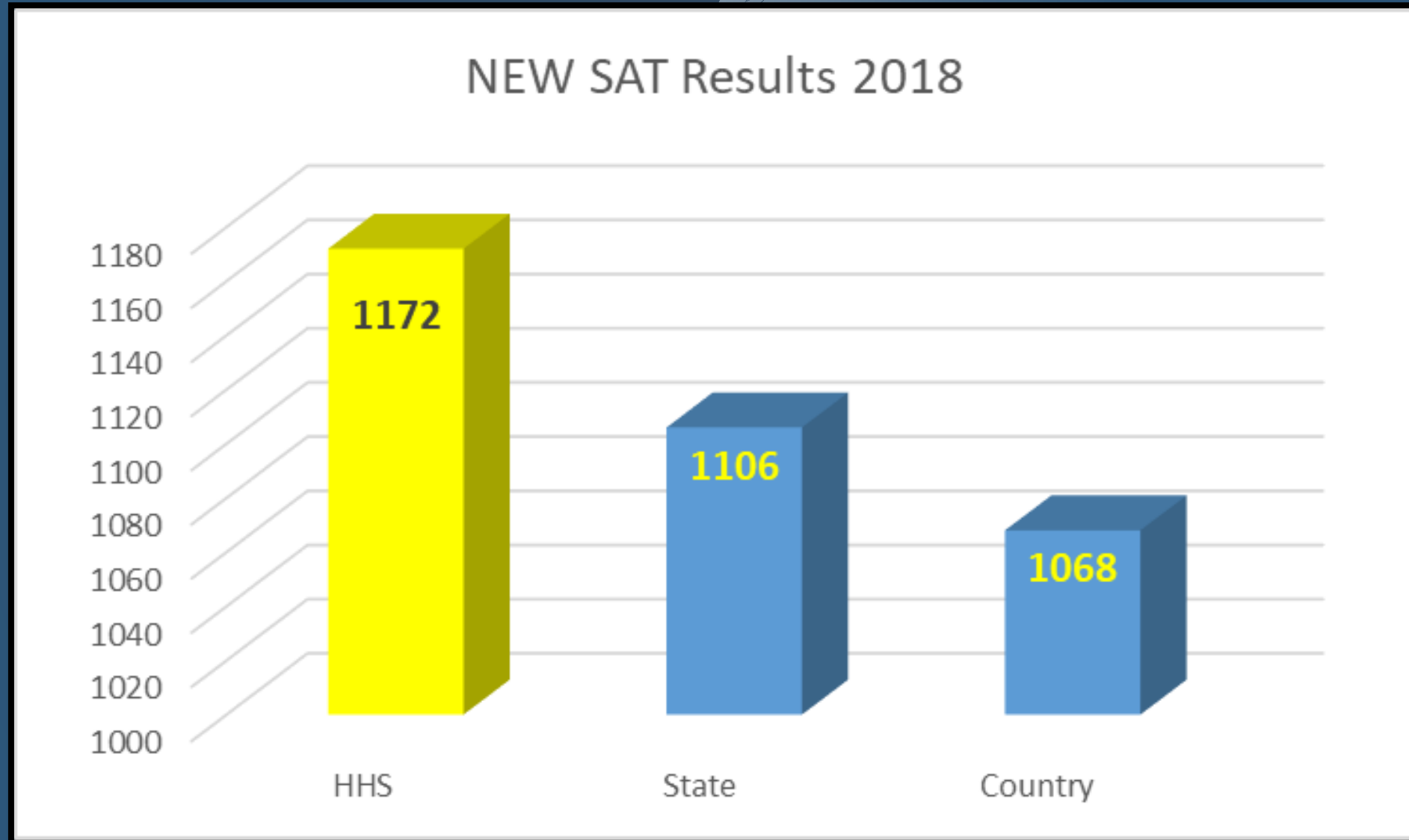


PEAKS Science Data

Science



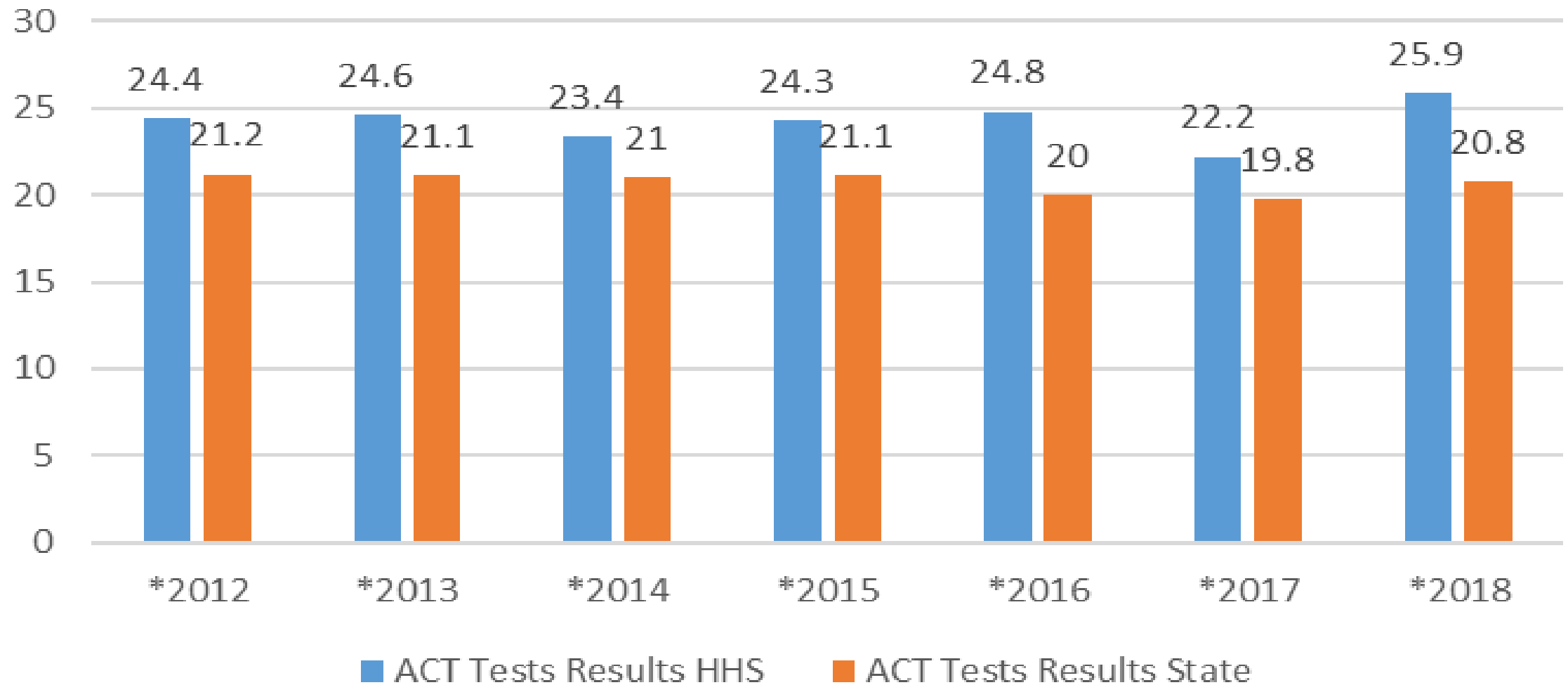
Homer High SAT Data



Homer High ACT Data



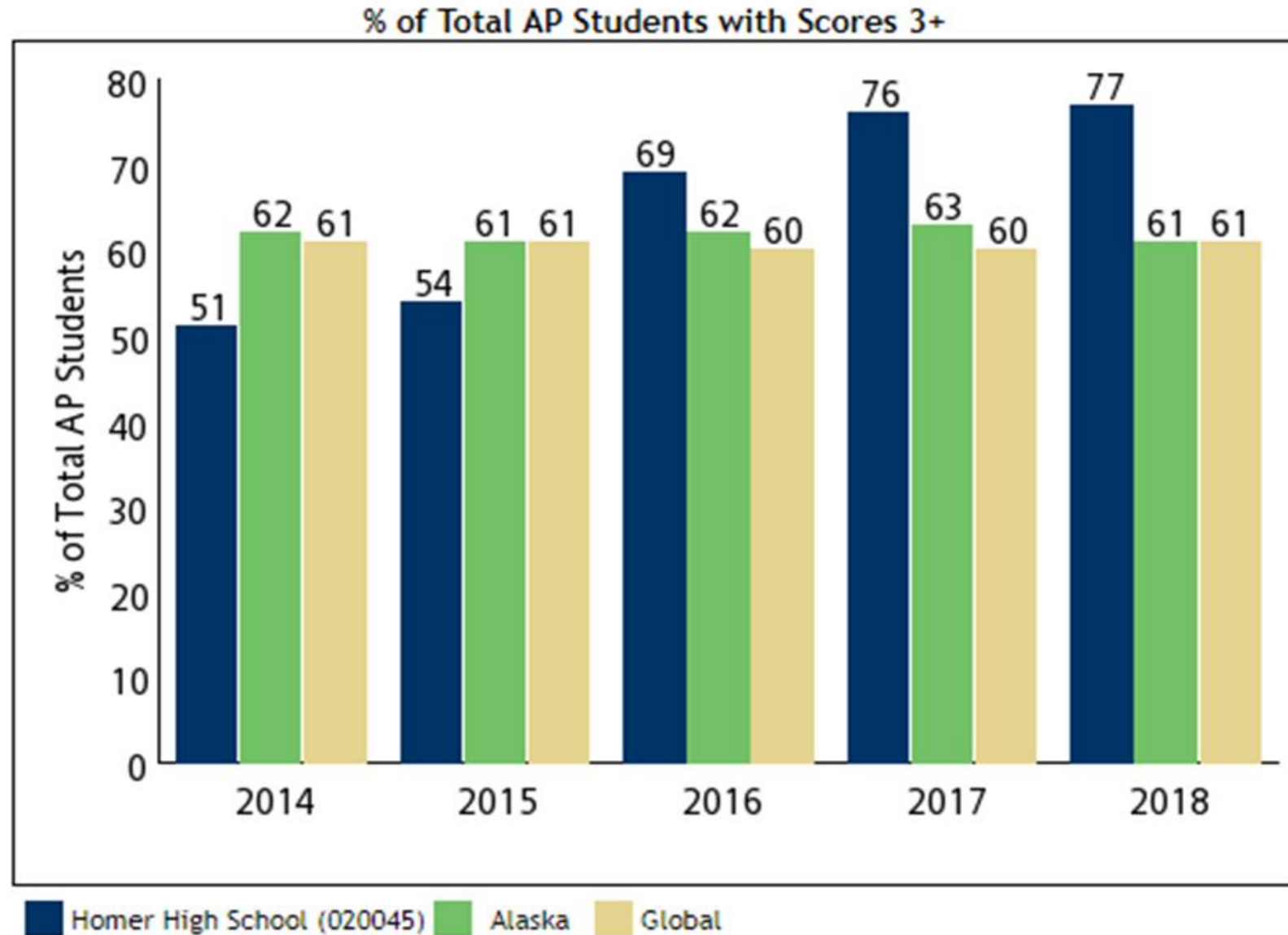
ACT Test Results



Homer High School AP Data



Homer High School (020045)



Career and Technical Education (CTE) in KPBSD 2017-2018

CTE IN KPBSD



96% GRADUATION

CTE concentrators[‡] are 13% more likely to graduate than their non-CTE counterparts.

[‡] Students with ≥ 2.0 HS CTE credits



22.3%

Of KPBSD graduates are CTE concentrators

72%

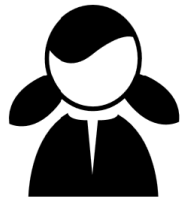
Of CTE concentrators go on to postsecondary, adv. training, the military, or employment.



54%

Of students took at least one CTE class in high school

DEMOGRAPHICS



45%

Of CTE participants are female

34%

Are economically disadvantaged

36%

Are NTO*

18%

Are disabled

7%

Are ELL[†] or Migrant

* Nontraditional Occupations

† English Language Learners



🟡 Caucasian—75%; 🟠 Two or more races—9.5%; 🟢 Alaska Native—7.5%; 🟣 Hispanic—4.5%; 🟡 Asian—1.5%; 🟤 American Indian—1.1%; 🟠 Black—<1%;
 🟡 Pacific Islander—<1%

NURTURING THE HEAD & THE HEART



**We must take
care of ourselves
if we are to take
care of our
children &
students.**



**What keeps
you
centered?**

**Family, friends,
faith, hobbies,
service to
others, etc.**



RESPONSIVE:

Fostering strong & positive relationships with all students to support their social & emotional needs.

–KPBSD Strategic Plan



“Healthy students and **positive school culture are paramount to **student achievement**.**

We will strive to meet the needs of our students in this crucial area.”

–Superintendent O’Brien



WHAT IS SOCIAL AND EMOTIONAL LEARNING (SEL)?



SEL is...

The process through which **children and adults** acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and **manage emotions**, set and achieve positive goals, feel and show **empathy** for others, establish and maintain **positive relationships**, and make **responsible decisions**.



ACES DEFINED

An adverse childhood experience (ACE) describes a **traumatic experience** in a person's life occurring **before the age of 18** that the person **remembers as an adult.**



CATEGORIES OF ACES

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION
Emotional Sexual Physical	Physical Emotional	Living with someone: <ul style="list-style-type: none">• with mental illness• who abuses substances• who was incarcerated Witnessing domestic violence Experiencing a separation or divorce





TRAUMA INFORMED AND SENSITIVE



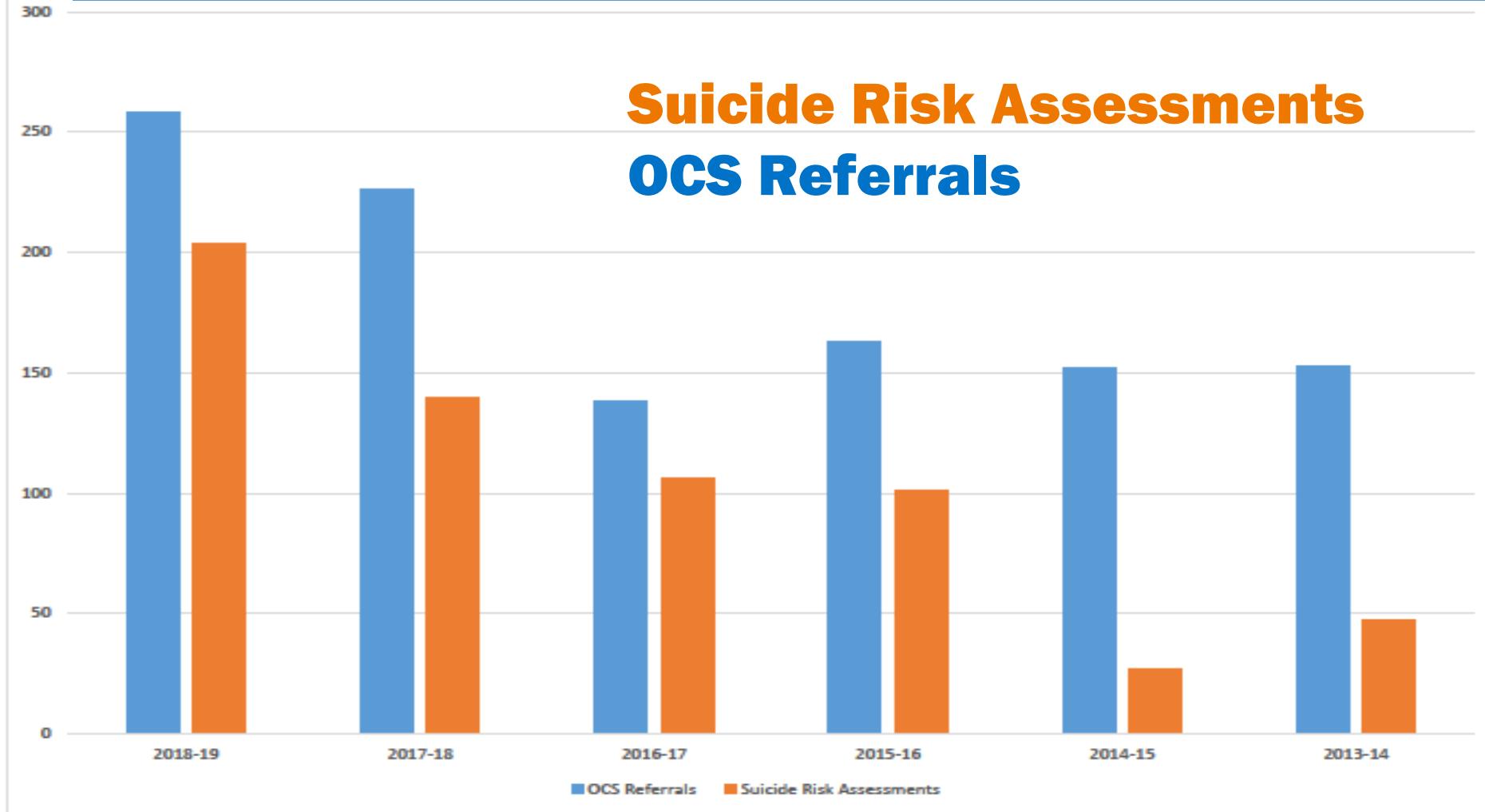
TRAUMA CAN IMPAIR LEARNING

- ✓ Affect attention, memory and cognition
- ✓ Reduce ability to focus, organize and process information
- ✓ Interfere with problem-solving and planning
- ✓ Result in frustration and anxiety



KPBSD Assessment Referral Comparisons

Suicide Risk Assessments OCS Referrals



- **KPBSD Core Curriculum Professional Development**
- **Youth Mental Health First Aid**
- **Restorative Practices**
- **Sources of Strength**
- **The Great Body Shop**
- **Fourth R and Fourth R Plus**
- **Trauma Informed Educators - Dr. Linda Chamberlain**
- **Mandt Training**
- **Fetal Alcohol Syndrome Disorder (FASD)**
- **Life Space Crisis Intervention Training**



KPBSD STAFF TRAINING AND PROFESSIONAL DEVELOPMENT



KPBSD CURRICULUM - PREVENTION & RESILIENCY

- Youth Mental Health First Aid
- Fourth R and Fourth R Plus
- Sources of Strength
- Common Sense Media
- Great Body Shop
- PBIS



- Positive Behavioral Intervention Supports (PBIS)
- Interventionists
- Special Education Behavioral Programs
 - Stages, Foundations, and Frameworks
- Social Skills Training for Targeted Student Needs

TIERED LEVEL OF SUPPORTS



DISTRICT PROVIDED SUPPORTS

NURSES
PSYCHOLOGISTS
COUNSELORS
HOMELESS LIAISONS



Additional Mental Health Services Are Needed

**Social
Workers**



AND



Counselors



GRANTS TO SUPPORT THE WORK



Competitive Grants that Support SEL Supplemental Programs

KPBSD Competitive Grant Applications 2015-2019

Past Grant Awards (2015-2019)

Grant Name	Time/Year	Amount	Purpose	Source	Total Funding	Notes:
Project Aware	2015-2019	Approx. \$206,000 per year	SEL Counselors at Alternative Schools	DEED	\$1,030,000.00	3 Districts received funding from DEED to provide counselors to Alternative Schools
Project Aware Training	2015-2019	Approx. \$9,000 per year	Training for Youth Mental Health First Aid	DEED	\$45,000	Currently we have 5 in-district trainers to deliver Youth Mental Health First Aid. These PD funds supported our district getting substitutes for the 8 hour training
SAPP Suicide Awareness – post and prevention	2016-2018 3 years	\$25,000 per year	Suicide Prevention Activities (Sources of Strength, Fourth R)	DEED	\$50,000	Each grant year we received additional funding at the end of each grant cycle. Additional funding was used to provide training of trainers to district employees and additional PD for teachers and students
	2018-2019	\$55,170			\$55,000 (2018-2019)	
GCI Suicide Prevention Grant	2016	\$20,000	Sources of Strength	Alaska Childrens' Trust/GCI	\$20,000	Supported Sources of Strength training and student wellness conference
GCI Suicide Prevention Grant	2017	\$20,000	Sources of Strength	Alaska Childrens' Trust/GCI	\$20,000	Supported Sources of Strength training and student wellness conference
GCI Suicide Prevention Grant	2018	\$20,000	Sources of Strength/Trauma Informed	Alaska Childrens' Trust/GCI	\$20,000	Supported Sources of Strength training and student wellness conference

Competitive Grants that Support SEL Supplemental Programs

Current Grant Awards (2019-2023)						
SAPP Suicide Awareness – post and prevention	2019-2022	\$25,000 per year	Sources of Strength expansion, Trauma Informed Practices, Restorative Practices	DEED	\$75,000	Sources of Strength, Trauma Informed Practices and Restorative Justice
SEL Innovation Award	2018-2019	\$25,000	Trauma Informed Practices; Sources of Strength	NoVo Foundation Foundation And Education First	\$25,000	Sources of Strength, Trauma informed Practices (Dr. Chamberlain) and Restorative Practices (Kerri Berkowitz)
Title I D Comp	2019-2022	\$91,600	At-Risk HS Youth and Community Probation	DEED	\$240,000 if awarded all three years	Support transitions for students in DJJ and community probation

\$1,580,000

**Total Grants
Supporting SEL
Received
2016 - Present**



Pending

Competitive Grants that Support SEL Supplemental Programs

Grants Proposals Applied for – Awaiting Aware Notification						
Alaska Children's Trust Tier 2 – Innovation	2019-2020	Potential Funding \$50,000	SEL Programs in Elementary Schools, Trauma Informed practices	Alaska Childrens' Trust/GCI	\$50,000	PL – SEL programs in elementary schools
GCI Suicide Prevention Grant	2019-2020	Potential Funding \$20,000	Suicide Prevention	Alaska Childrens' Trust/GCI	\$20,000	Suicide Prevention (Youth Mental Health First Aid)
School Climate Transformation	2019-2024	\$750,000 per year for 5 years		US Department of Education	\$3,500,000	Elementary Social Emotional Schools Counselors

**Total SEL
Grants
Pending for
2019 - 2024**

\$4,500,000



BEHAVIORAL HEALTH AGENCY PARTNERS

- ❖ Central Peninsula Hospital
- ❖ Peninsula Community Health Services
- ❖ Seaview Community Services
- ❖ Kenaitze Indian Tribe (Na'ini Family and Social Services)
- ❖ Ninilchik Tribal Council Health Services/Community Outreach
- ❖ Chugachmiut Behavioral Health
- ❖ South Peninsula Behavioral Health Services (The Center)
- ❖ Seldovia Village Tribal Clinic
- ❖ University of Alaska, Anchorage Center for Human Development



Positive School Climate & Culture

Student Engagement in their
own learning

Restorative vs. Punitive
Discipline Practices

Hanover Survey Benchmarking
and Goal Setting



Expressing Our Gratitude

**Gratitude is a
powerful
catalyst for
happiness**



**“Gratitude can transform
common days into
thanksgivings, turn routine jobs
into joy, and change ordinary
opportunities into blessings.”**

--William Arthur Ward



Lasting effects on the brain

Unshackles us from toxic emotions

Helps even when we don't share it

**Benefits take time:
2 consecutive weeks has
lasting, positive effects**

**Gratitude
Research**

Gratitude has been linked to:

- **Decreases depressive symptoms**
- **Decrease in stress**
- **Reduction of toxic emotions**
- **Increase in overall happiness**
- **Greater feelings of relaxation**



I am
thankful
for...



TODAY, I AM THANKFUL FOR:

FAMILY, FRIENDS, MENTORS, MY
PETS, BASKETBALL, SUNSHINE, THE
RIVER, SNOW, NATURE, MY HEALTH,
LAUGHTER, WEEKENDS, DOCTORS,
MY HOME, BOOKS, SLEEP, TEACHERS,
BABIES, MY SAFETY, TIME, WATER,
LOVE, KINDNESS, CAMPFIRE,
DESSERT, ART, FREEDOM, RAINBOWS,
MUSIC, SUNRISES, FUN, SUNSETS,
MOUNTAINS, THE BEACH, MY ELDERS,
MOVIES, ELECTRICITY, MY SIBLINGS,
MEDICINE, THE INTERNET, EYESIGHT,
HEARING, MY COUNSELORS, TASTES,
COLORS, MY HEART, THE STARS, MY
PHONE, SHOES, MY CULTURE, MY JOB,
LIFE, HOPE, FLOWERS, QUIET, HUGS,
HEAT, FRIDAYS, AIR CONDITIONING,
SPIRITUALITY, DANCING, GOOGLE,
FOOD, CREATION, BAND-AIDS, BOATS,
CHANGE, COFFEE, TOOTHBRUSHES,
TREES, NETFLIX, VACATIONS, PEACE,
RAIN, SECOND-CHANCES, FAITH,
SPRING, SUMMER, TV, ACCEPTANCE,
GENEROSITY, HONESTY, DREAMS.

#THANKFULNESSCHALLENGE #SOURCESOFSTRENGTH



SOURCES
OF STRENGTH

THANKFULNESS CHALLENGE

I AM THANKFUL FOR:

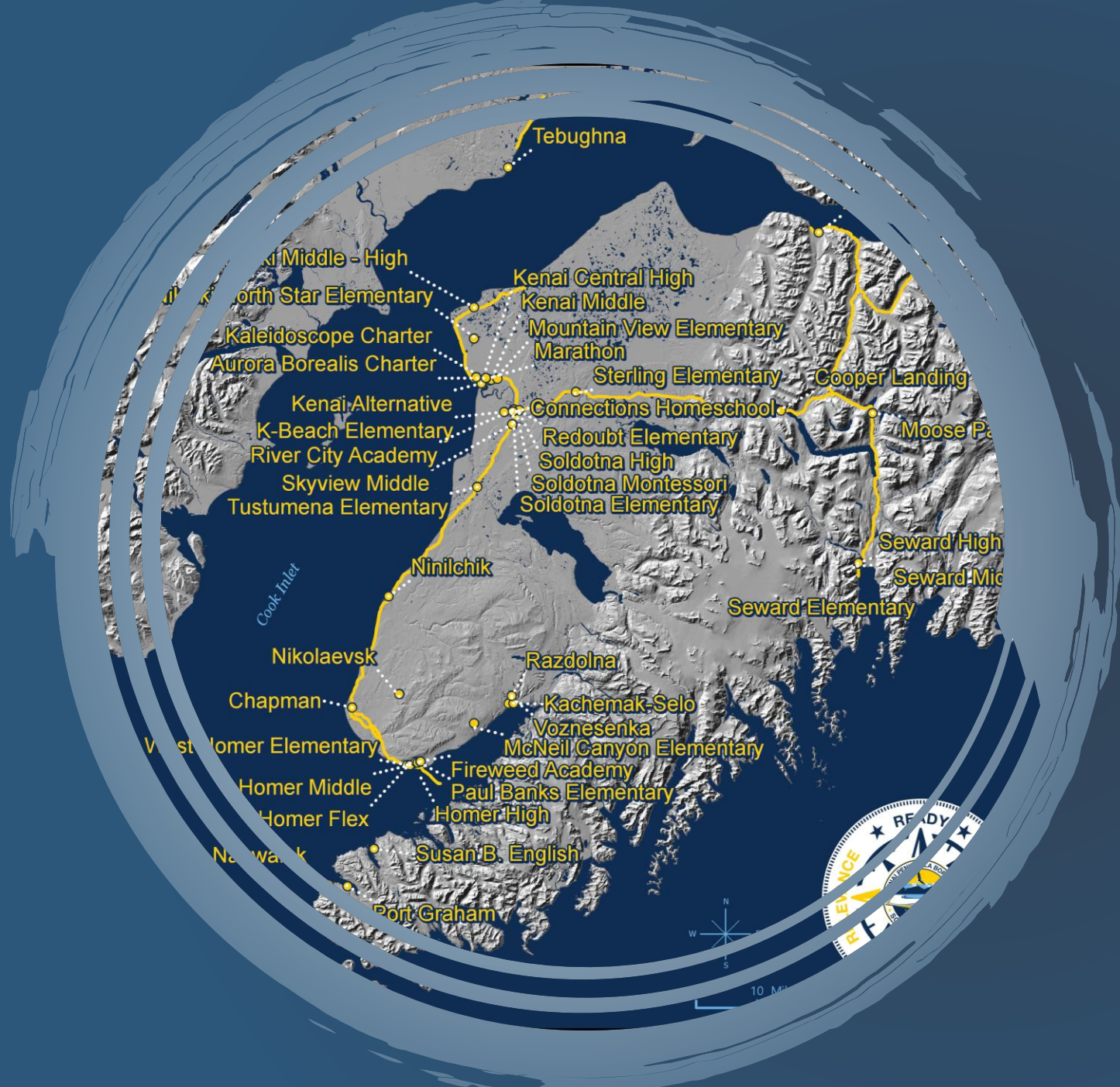
1

2

3

NAME _____

#THANKFULNESSCHALLENGE #SOURCESOFSTRENGTH



KPBSD is
#thankful
for you!

Questions?